

## Rochdale Harriers A.C. - 2013 Road Race Championship - Group Tables

<b>Mens</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Chris Merchant	9	28	26	32	32	29	29	32	32	28	157
2	Phillip Bennett	6	27	28		28	28		29		27	140
3	Derek Simpson	4	32	29			32	32				125
4	Mike Winstanley	6	21			12	21	27	20	27		116
5	John Mayall	5	25	22		19	23		25			114
6	Ian Roberts	4	29	27		29	26					111
7	Mark Catherall	5		15		14	22		22	29		102
8	Kevin McGilvray	5	20	16		13		26		26		101
9	Ian Douglas	3					25		28		26	79
10	Nick Barton	3	26	24							25	75
11	Craig Sykes	3				16		28		28		72
12	David Proctor	2		32							32	64
13	Kevin Fox	3		18		20			23			61
14	Stephen Wild	3				11	20	25				56
15=	Dave Wharton	2	24						26			50
15=	Ian Stainthorpe	2				26	24					50
17	Jeff McCarthy	2	23	23								46
18=	Kris Robinson	2		21		21						42
18=	Stephen Leak	2				18			24			42
20	Michael Tanner	1									29	29
21=	Ian Aitchison	1							27			27
21=	Matt Jackson	1					27					27
21=	Michael Davies	1				27						27
24=	Jamie Ward	1				25						25
24=	Lawrence Wade *	1		25								25
26=	Nick Walsh	1				24						24
26=	William Knox	2		14		10						24
28	Mark Walker	1				23						23
29=	Chris Hill	1				22						22
29=	Wesley Young	1	22									22
31	Sam Mayall	1							21			21
32	Max Smith	1		20								20
33	Lewis Thirsk	1		19								19
34=	Liam Moore	1		17								17
34=	Matthew Cox	1				17						17
36	Ben Shakespeare	1				15						15
37	James Kramer	1		13								13

## Rochdale Harriers A.C. - 2013 Road Race Championship - Group Tables

Ladies		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Anna Blomfield	5	32	29		32	32		32			157
2	Jill Butterworth	8	27	26		27	28	29	28	32	32	149
3	Hazel Carruthers	4	29	32			29	32				122
4	Ann-Marie McGilvray	4	28	27		28			26			109
5	Laura Fitton	3					27			29	29	85
6	Samantha Morris	2				24					28	52
7	Josefa Terim	2		22		29						51
8	Danielle Beard	1							29			29
9=	Catherine Unwin	1						28				28
9=	Jan Needham	1		28								28
11	Amanda Thirsk	1							27			27
12=	Diane Winterburn	1	26									26
12=	Joanne Walsh	1				26						26
14=	Angela Wharton	1							25			25
14=	Lorraine Leary	1				25						25
14=	Zara Hirst	1		25								25
17	Chloe Hirst	1		24								24
18	Rosangela Terim	1		23								23
19	Abi Ellis	1		21								21
20	Sophie Thirsk	1		20								20

Male Vet 40		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Craig Sykes	3				29		32		32		93
2	Dave Wharton	2	32						32			64
3=	Jeff McCarthy	2	29	32								61
3=	Kris Robinson	2		29		32						61

Male Vet 45		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Nick Walsh	1				32						32
2	Mark Walker	1				29						29
												0
												0

## Rochdale Harriers A.C. - 2013 Road Race Championship - Group Tables

<b>Male Vet 50</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	John Mayall	5	32	32		29	29		32			154
2	Stephen Wild	3				27	28	32				87
3	Ian Stainthorpe	2				32	32					64
4	Stephen Leak	2				28			29			57

<b>Male Vet 55</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Kevin McGilvray	5	32	29		27		32		29		149
2	Mark Catherall	5		28		28	32		28	32		148
3	Kevin Fox	3		32		32			29			93
4	Ian Aitchison	1							32			32
5	Matthew Cox	1				29						29

<b>Male Vet 60+</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Mike Winstanley	6	32			32	32	32	32	32		160
2	William Knox	2		32		29						61
												0
												0

<b>Female Vet 40</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Jill Butterworth	8	32	32		29	32	32	32	32	32	160
2	Josefa Terim	2		29		32						61
3	Angela Wharton	1							29			29

<b>Female Vet 45</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Ann-Marie McGilvray	4	32	32		32			29			125
2=	Catherine Unwin	1						32				32
2=	Amanda Thirsk	1							32			32
4=	Diane Winterburn	1	29									29
4=	Joanne Walsh	1				29						29
6	Lorraine Leary	1				28						28

## Rochdale Harriers A.C. - 2013 Road Race Championship - Group Tables

<b>Female Vet 50</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Anna Blomfield	5	32	32		32	32		32			160
												0
												0
												0

<b>Female Vet 55</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
												0
												0
												0
												0

<b>Female Vet 60+</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Jan Needham	1		32								32
												0
												0
												0

<b>Under 23 Male</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Phillip Bennett	6	32	32		32	32		32		32	160
2=	Sam Mayall	1							29			29
2=	Max Smith	1		29								29
4	Lewis Thirsk	1		28								28
5	Liam Moore	1		27								27
6	James Kramer	1		26								26

## Rochdale Harriers A.C. - 2013 Road Race Championship - Group Tables

<b>Under 23 Female</b>		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Zara Hirst	<b>1</b>		<b>32</b>								<b>32</b>
2	Chloe Hirst	<b>1</b>		<b>29</b>								<b>29</b>
3	Rosangela Terim	<b>1</b>		<b>28</b>								<b>28</b>
4	Abi Ellis	<b>1</b>		<b>27</b>								<b>27</b>
5	Sophie Thirsk	<b>1</b>		<b>26</b>								<b>26</b>



# Rochdale Harriers & A.C. - 2013 Road Race Championship

## Group Results For Race 1, Trafford 10K, 10th March 2013

### 10 Kilometre Age Grading Tables Used

<b>Mens</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Derek Simpson	0 . 34 . 32	32	29	0.9991	0 . 34 . 30	77.82
Ian Roberts	0 . 36 . 00	29	25	1.0000	0 . 36 . 00	74.58
Chris Merchant	0 . 36 . 17	28	39	0.9521	0 . 34 . 32	77.72
Phillip Bennett	0 . 37 . 41	27	22	0.9996	0 . 37 . 40	71.28
Nick Barton	0 . 38 . 18	26	38	0.9592	0 . 36 . 44	73.09
John Mayall	0 . 41 . 05	25	50	0.8747	0 . 35 . 56	74.72
Dave Wharton	0 . 41 . 09	24	43	0.9240	0 . 38 . 01	70.62
Jeff McCarthy	0 . 41 . 54	23	43	0.9240	0 . 38 . 42	69.35
Wesley Young	0 . 42 . 35	22	34	0.9840	0 . 41 . 54	64.08
Mike Winstanley	0 . 47 . 49	21	64	0.7761	0 . 37 . 06	72.35
Kevin McGilvray	0 . 49 . 48	20	59	0.8113	0 . 40 . 24	66.46

<b>Ladies</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 42 . 03	32	51	0.8719	0 . 36 . 39	82.73
Hazel Carruthers	0 . 42 . 34	29	25	1.0000	0 . 42 . 34	71.25
Ann-Marie McGilvray	0 . 46 . 42	28	47	0.9139	0 . 42 . 40	71.07
Jill Butterworth	0 . 47 . 18	27	40	0.9678	0 . 45 . 46	66.26
Diane Winterburn	0 . 49 . 23	26	47	0.9139	0 . 45 . 07	67.20

<b>Male Vet 40</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Wharton	0 . 41 . 09	32	43	0.9240	0 . 38 . 01	70.62
Jeff McCarthy	0 . 41 . 54	29	43	0.9240	0 . 38 . 42	69.35

<b>Male Vet 45</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

<b>Male Vet 50</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 41 . 05	32	50	0.8747	0 . 35 . 56	74.72

<b>Male Vet 55</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kevin McGilvray	0 . 49 . 48	32	59	0.8113	0 . 40 . 24	66.46

<b>Male Vet 60+</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	0 . 47 . 49	32	64	0.7761	0 . 37 . 06	72.35

<b>Female Vet 40</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 47 . 18	32	40	0.9678	0 . 45 . 46	66.26

<b>Female Vet 45</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 46 . 42	32	47	0.9139	0 . 42 . 40	71.07
Diane Winterburn	0 . 49 . 23	29	47	0.9139	0 . 45 . 07	67.20

# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 1, Trafford 10K, 10th March 2013 - continued

## 10 Kilometre Age Grading Tables Used

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 42 . 03	32	51	0.8719	0 . 36 . 39	82.73

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phillip Bennett	0 . 37 . 41	32	22	0.9996	0 . 37 . 40	71.28

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						





# Rochdale Harriers & A.C. - 2013 Road Race Championship

## Group Results For Race 2, Lottie Wilcocks 5K, 7th April 2013

### 5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
David Proctor	0 . 14 . 54	32	27	1.0000	0 . 14 . 54	86.58
Derek Simpson	0 . 16 . 39	29	29	0.9991	0 . 16 . 38	77.55
Phillip Bennett	0 . 16 . 54	28	22	0.9996	0 . 16 . 53	76.36
Ian Roberts	0 . 17 . 00	27	26	1.0000	0 . 17 . 00	75.88
Chris Merchant	0 . 17 . 11	26	39	0.9521	0 . 16 . 21	78.85
Lawrence Wade *	0 . 17 . 29	25	39	0.9521	0 . 16 . 38	77.50
Nick Barton	0 . 18 . 44	24	38	0.9592	0 . 17 . 58	71.79
Jeff McCarthy	0 . 19 . 32	23	43	0.9240	0 . 18 . 02	71.47
John Mayall	0 . 19 . 44	22	50	0.8747	0 . 17 . 15	74.74
Kris Robinson	0 . 19 . 59	21	44	0.9169	0 . 18 . 19	70.40
Max Smith	0 . 20 . 04	20	17	0.9550	0 . 19 . 09	67.31
Lewis Thirsk	0 . 20 . 12	19	15	0.9266	0 . 18 . 43	68.92
Kevin Fox	0 . 20 . 27	18	56	0.8324	0 . 17 . 01	75.78
Liam Moore	0 . 21 . 11	17	16	0.9419	0 . 19 . 57	64.65
Kevin McGilvray	0 . 22 . 23	16	59	0.8113	0 . 18 . 09	71.04
Mark Catherall	0 . 24 . 18	15	58	0.8184	0 . 19 . 53	64.87
William Knox	0 . 28 . 40	14	60	0.8043	0 . 23 . 03	55.95
James Kramer	0 . 35 . 30	13	14	0.9091	0 . 32 . 16	39.97

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Hazel Carruthers	0 . 20 . 13	32	26	1.0000	0 . 20 . 12	73.21
Anna Blomfield	0 . 20 . 15	29	51	0.8719	0 . 17 . 39	83.82
Jan Needham	0 . 20 . 32	28	60	0.7738	0 . 15 . 53	93.15
Ann-Marie McGilvray	0 . 21 . 40	27	47	0.9139	0 . 19 . 48	74.74
Jill Butterworth	0 . 22 . 28	26	40	0.9678	0 . 21 . 44	68.07
Zara Hirst	0 . 22 . 59	25	12	0.9091	0 . 20 . 53	70.83
Chloe Hirst	0 . 23 . 06	24	15	0.9550	0 . 22 . 03	67.09
Rosangela Terim	0 . 24 . 04	23	10	0.8675	0 . 20 . 52	70.89
Josefa Terim	0 . 24 . 06	22	41	0.9617	0 . 23 . 10	63.86
Abi Ellis	0 . 24 . 16	21	15	0.9550	0 . 23 . 10	63.86
Sophie Thirsk	0 . 24 . 32	20	17	0.9790	0 . 24 . 01	61.62

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jeff McCarthy	0 . 19 . 32	32	43	0.9240	0 . 18 . 02	71.47
Kris Robinson	0 . 19 . 59	29	44	0.9169	0 . 18 . 19	70.40

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 19 . 44	32	50	0.8747	0 . 17 . 15	74.74

# Rochdale Harriers & A.C. - 2013 Road Race Championship

## Group Results For Race 2, Lottie Wilcocks 5K, 7th April 2013 - continued

### 5 Kilometre Age Grading Tables Used

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kevin Fox	0 . 20 . 27	32	56	0.8324	0 . 17 . 01	75.78
Kevin McGilvray	0 . 22 . 23	29	59	0.8113	0 . 18 . 09	71.04
Mark Catherall	0 . 24 . 18	28	58	0.8184	0 . 19 . 53	64.87

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
William Knox	0 . 28 . 40	32	60	0.8043	0 . 23 . 03	55.95

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 22 . 28	32	40	0.9678	0 . 21 . 44	68.07
Josefa Terim	0 . 24 . 06	29	41	0.9617	0 . 23 . 10	63.86

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 21 . 40	32	47	0.9139	0 . 19 . 48	74.74

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 20 . 15	32	51	0.8719	0 . 17 . 39	83.82

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jan Needham	0 . 20 . 32	32	60	0.7738	0 . 15 . 53	93.15

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phillip Bennett	0 . 16 . 54	32	22	0.9996	0 . 16 . 53	76.36
Max Smith	0 . 20 . 04	29	17	0.9550	0 . 19 . 09	67.31
Lewis Thirsk	0 . 20 . 12	28	15	0.9266	0 . 18 . 43	68.92
Liam Moore	0 . 21 . 11	27	16	0.9419	0 . 19 . 57	64.65
James Kramer	0 . 35 . 30	26	14	0.9091	0 . 32 . 16	39.97

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Zara Hirst	0 . 22 . 59	32	12	0.9091	0 . 20 . 53	70.83
Chloe Hirst	0 . 23 . 06	29	15	0.9550	0 . 22 . 03	67.09
Rosangela Terim	0 . 24 . 04	28	10	0.8675	0 . 20 . 52	70.89
Abi Ellis	0 . 24 . 16	27	15	0.9550	0 . 23 . 10	63.86
Sophie Thirsk	0 . 24 . 32	26	17	0.9790	0 . 24 . 01	61.62



# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 3, Morecambe Half Marathon, 12th May 2013

Half Marathon Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	1 . 22 . 28	32	39	0.9675	1 . 19 . 47	74.20

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 3, Morecambe Half Marathon, 12th May 2013 - continued

Half Marathon Age Grading Tables Used

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						



# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 4, Norden 6 Mile Road Race, 7th June 2013

Modified 10K Age Grading Tables Used (Norden 6)

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 36 . 19	32	39	0.9521	0 . 34 . 34	75.31
Ian Roberts	0 . 37 . 29	29	26	1.0000	0 . 37 . 29	69.47
Phillip Bennett	0 . 38 . 07	28	22	0.9996	0 . 38 . 06	68.34
Michael Davies	0 . 39 . 46	27	25	1.0000	0 . 39 . 45	65.48
Ian Stainthorpe	0 . 40 . 37	26	51	0.8676	0 . 35 . 14	73.90
Jamie Ward	0 . 41 . 05	25	32	0.9922	0 . 40 . 45	63.88
Nick Walsh	0 . 41 . 16	24	46	0.9028	0 . 37 . 15	69.90
Mark Walker	0 . 42 . 24	23	46	0.9028	0 . 38 . 16	68.03
Chris Hill	0 . 42 . 25	22	31	0.9952	0 . 42 . 12	61.69
Kris Robinson	0 . 42 . 37	21	44	0.9169	0 . 39 . 04	66.64
Kevin Fox	0 . 42 . 54	20	56	0.8324	0 . 35 . 42	72.92
John Mayall	0 . 43 . 16	19	50	0.8747	0 . 37 . 50	68.81
Stephen Leak	0 . 43 . 37	18	51	0.8676	0 . 37 . 50	68.81
Matthew Cox	0 . 46 . 35	17	58	0.8184	0 . 38 . 07	68.30
Craig Sykes	0 . 46 . 40	16	42	0.9310	0 . 43 . 26	59.94
Ben Shakespeare	0 . 47 . 26	15	34	0.9840	0 . 46 . 40	55.79
Mark Catherall	0 . 49 . 53	14	58	0.8184	0 . 40 . 49	63.79
Kevin McGilvray	0 . 51 . 30	13	59	0.8113	0 . 41 . 46	62.32
Mike Winstanley	0 . 51 . 46	12	65	0.7691	0 . 39 . 48	65.40
Stephen Wild	0 . 52 . 09	11	52	0.8606	0 . 44 . 52	58.02
William Knox	0 . 52 . 51	10	60	0.8043	0 . 42 . 30	61.26

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 44 . 24	32	52	0.8610	0 . 38 . 13	76.96
Josefa Terim	0 . 46 . 51	29	41	0.9617	0 . 45 . 03	65.30
Ann-Marie McGilvray	0 . 49 . 19	28	47	0.9139	0 . 45 . 04	65.28
Jill Butterworth	0 . 51 . 10	27	40	0.9678	0 . 49 . 31	59.41
Joanne Walsh	0 . 54 . 22	26	46	0.9232	0 . 50 . 11	58.62
Lorraine Leary	0 . 54 . 54	25	49	0.8937	0 . 49 . 03	59.96
Samantha Morris	1 . 05 . 00	24	40	0.9678	1 . 02 . 54	46.77

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kris Robinson	0 . 42 . 37	32	44	0.9169	0 . 39 . 04	66.64
Craig Sykes	0 . 46 . 40	29	42	0.9310	0 . 43 . 26	59.94

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Nick Walsh	0 . 41 . 16	32	46	0.9028	0 . 37 . 15	69.90
Mark Walker	0 . 42 . 24	29	46	0.9028	0 . 38 . 16	68.03

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Stainthorpe	0 . 40 . 37	32	51	0.8676	0 . 35 . 14	73.90
John Mayall	0 . 43 . 16	29	50	0.8747	0 . 37 . 50	68.81
Stephen Leak	0 . 43 . 37	28	51	0.8676	0 . 37 . 50	68.81
Stephen Wild	0 . 52 . 09	27	52	0.8606	0 . 44 . 52	58.02



# Rochdale Harriers & A.C. - 2013 Road Race Championship

## Group Results For Race 4, Norden 6 Mile Road Race, 7th June 2013 - continued

Modified 10K Age Grading Tables Used (Norden 6)

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kevin Fox	0 . 42 . 54	32	56	0.8324	0 . 35 . 42	72.92
Matthew Cox	0 . 46 . 35	29	58	0.8184	0 . 38 . 07	68.30
Mark Catherall	0 . 49 . 53	28	58	0.8184	0 . 40 . 49	63.79
Kevin McGilvray	0 . 51 . 30	27	59	0.8113	0 . 41 . 46	62.32

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	0 . 51 . 46	32	65	0.7691	0 . 39 . 48	65.40
William Knox	0 . 52 . 51	29	60	0.8043	0 . 42 . 30	61.26

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Josefa Terim	0 . 46 . 51	32	41	0.9617	0 . 45 . 03	65.30
Jill Butterworth	0 . 51 . 10	29	40	0.9678	0 . 49 . 31	59.41

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 49 . 19	32	47	0.9139	0 . 45 . 04	65.28
Joanne Walsh	0 . 54 . 22	29	46	0.9232	0 . 50 . 11	58.62
Lorraine Leary	0 . 54 . 54	28	49	0.8937	0 . 49 . 03	59.96

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 44 . 24	32	52	0.8610	0 . 38 . 13	76.96

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phillip Bennett	0 . 38 . 07	32	22	0.9996	0 . 38 . 06	68.34

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

## All RHAC Results For Race 5, Sale Sizzler 5K, 18th July 2013

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Derek Simpson	0 . 16 . 38	Mens	17th	17th of 285	16th of 114 SM
2	Chris Merchant	0 . 16 . 40	Mens	19th	18th of 285	17th of 114 SM
3	Phillip Bennett	0 . 17 . 00	Mens/U23M	26th	25th of 285	22nd of 114 SM
4	Matt Jackson	0 . 17 . 23	Mens	33rd	32nd of 285	26th of 114 SM
5	Ian Roberts	0 . 17 . 30	Mens	41st	40th of 285	30th of 114 SM
6	Ian Douglas	0 . 18 . 36	Mens	73rd	65th of 285	44th of 114 SM
7	Ian Stainthorpe	0 . 19 . 07	Mens/MV50	92nd	82nd of 285	7th of 29 MV50
8	John Mayall	0 . 19 . 51	Mens/MV50	122nd	109th of 285	12th of 29 MV50
9	Anna Blomfield	0 . 20 . 47	Ladies/FV50	154th	18th of 116	1st of 7 FV50
10	Hazel Carruthers	0 . 20 . 53	Ladies	155th	19th of 116	13th of 55 SF
11	Mark Catherall	0 . 21 . 33	Mens/MV55	186th	161st of 285	10th of 23 MV55
12	Mike Winstanley	0 . 23 . 04	Mens/MV60+	249th	209th of 285	4th of 9 MV65
13	Stephen Wild	0 . 24 . 14	Mens/MV50	255th	213th of 285	19th of 29 MV50
14	Jill Butterworth	0 . 23 . 31	Ladies/FV40	267th	51st of 116	16th of 26 FV40
15	Laura Fitton	0 . 29 . 09	Ladies	375th	99th of 116	47th of 55 SF
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# Rochdale Harriers & A.C. - 2013 Road Race Championship

## Group Results For Race 5, Sale Sizzler 5K, 18th July 2013

### 5 Kilometre Age Grading Tables Used

<b>Mens</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Derek Simpson	0 . 16 . 38	32	29	0.9991	0 . 16 . 37	77.62
Chris Merchant	0 . 16 . 40	29	39	0.9521	0 . 15 . 52	81.29
Phillip Bennett	0 . 17 . 00	28	22	0.9996	0 . 16 . 59	75.91
Matt Jackson	0 . 17 . 23	27	30	0.9975	0 . 17 . 20	74.39
Ian Roberts	0 . 17 . 30	26	26	1.0000	0 . 17 . 30	73.71
Ian Douglas	0 . 18 . 36	25	36	0.9729	0 . 18 . 05	71.29
Ian Stainthorpe	0 . 19 . 07	24	52	0.8606	0 . 16 . 27	78.41
John Mayall	0 . 19 . 51	23	51	0.8676	0 . 17 . 13	74.90
Mark Catherall	0 . 21 . 33	22	59	0.8113	0 . 17 . 29	73.78
Mike Winstanley	0 . 23 . 04	21	65	0.7691	0 . 17 . 44	72.71
Stephen Wild	0 . 24 . 14	20	52	0.8606	0 . 20 . 51	61.86

<b>Ladies</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 20 . 47	32	52	0.8610	0 . 17 . 53	82.71
Hazel Carruthers	0 . 20 . 53	29	26	1.0000	0 . 20 . 53	70.87
Jill Butterworth	0 . 23 . 31	28	40	0.9678	0 . 22 . 45	65.03
Laura Fitton	0 . 29 . 09	27	24	1.0000	0 . 29 . 08	50.77

<b>Male Vet 40</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

<b>Male Vet 45</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

<b>Male Vet 50</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Stainthorpe	0 . 19 . 07	32	52	0.8606	0 . 16 . 27	78.41
John Mayall	0 . 19 . 51	29	51	0.8676	0 . 17 . 13	74.90
Stephen Wild	0 . 24 . 14	28	52	0.8606	0 . 20 . 51	61.86

<b>Male Vet 55</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mark Catherall	0 . 21 . 33	32	59	0.8113	0 . 17 . 29	73.78

<b>Male Vet 60+</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	0 . 23 . 04	32	65	0.7691	0 . 17 . 44	72.71

<b>Female Vet 40</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 23 . 31	32	40	0.9678	0 . 22 . 45	65.03

# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 5, Sale Sizzler 5K, 18th July 2013 - continued

5 Kilometre Age Grading Tables Used

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	<b>0 . 20 . 47</b>	<b>32</b>	<b>52</b>	<b>0.8610</b>	<b>0 . 17 . 53</b>	<b>82.71</b>

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phillip Bennett	<b>0 . 17 . 00</b>	<b>32</b>	<b>22</b>	<b>0.9996</b>	<b>0 . 16 . 59</b>	<b>75.91</b>

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

All RHAC Results For Race 6, Fleetwood Half Marathon, 25th August 2013

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Derek Simpson	1 . 16 . 28	<b>Mens</b>			
2	Chris Merchant	1 . 16 . 39	<b>Mens</b>			
3	Hazel Carruthers	1 . 33 . 41	<b>Ladies</b>			
4	Craig Sykes	1 . 48 . 48	<b>Mens/MV40</b>			
5	Mike Winstanley	1 . 52 . 43	<b>Mens/MV60+</b>			
6	Kevin McGilvray	1 . 53 . 15	<b>Mens/MV55</b>			
7	Jill Butterworth	1 . 57 . 04	<b>Ladies/FV40</b>			
8	Stephen Wild	1 . 58 . 52	<b>Mens/MV50</b>			
9	Catherine Unwin	2 . 49 . 51	<b>Ladies/FV45</b>			
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# Rochdale Harriers & A.C. - 2013 Road Race Championship

## Group Results For Race 6, Fleetwood Half Marathon, 25th August 2013

### Half Marathon Age Grading Tables Used

<b>Mens</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Derek Simpson	1 . 16 . 28	32	29	1.0000	1 . 16 . 28	77.42
Chris Merchant	1 . 16 . 39	29	39	0.9675	1 . 14 . 09	79.83
Craig Sykes	1 . 48 . 48	28	42	0.9448	1 . 42 . 47	57.59
Mike Winstanley	1 . 52 . 43	27	65	0.7712	1 . 26 . 55	68.10
Kevin McGilvray	1 . 53 . 15	26	59	0.8165	1 . 32 . 28	64.02
Stephen Wild	1 . 58 . 52	25	52	0.8693	1 . 43 . 19	57.29

<b>Ladies</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Hazel Carruthers	1 . 33 . 41	32	26	1.0000	1 . 33 . 41	70.29
Jill Butterworth	1 . 57 . 04	29	40	0.9678	1 . 53 . 17	58.12
Catherine Unwin	2 . 49 . 51	28	48	0.9040	2 . 33 . 32	42.89

<b>Male Vet 40</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Craig Sykes	1 . 48 . 48	32	42	0.9448	1 . 42 . 47	57.59

<b>Male Vet 45</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

<b>Male Vet 50</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Stephen Wild	1 . 58 . 52	32	52	0.8693	1 . 43 . 19	57.29

<b>Male Vet 55</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kevin McGilvray	1 . 53 . 15	32	59	0.8165	1 . 32 . 28	64.02

<b>Male Vet 60+</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	1 . 52 . 43	32	65	0.7712	1 . 26 . 55	68.10

<b>Female Vet 40</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	1 . 57 . 04	32	40	0.9678	1 . 53 . 17	58.12

<b>Female Vet 45</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Catherine Unwin	2 . 49 . 51	32	48	0.9040	2 . 33 . 32	42.89

<b>Female Vet 50</b>	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 6, Fleetwood Half Marathon, 25th August 2013 - continued

Half Marathon Age Grading Tables Used

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

## All RHAC Results For Race 7, Ron Hill 5K, 25th September 2013

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Chris Merchant	0 . 17 . 06	Mens			
2	Phillip Bennett	0 . 17 . 24	Mens/U23M			
3	Ian Douglas	0 . 18 . 51	Mens			
4	Ian Aitchison	0 . 20 . 12	Mens/MV55			
5	Dave Wharton	0 . 20 . 50	Mens/MV40			
6	John Mayall	0 . 20 . 54	Mens/MV50			
7	Anna Blomfield	0 . 21 . 14	Ladies/FV50			
8	Stephen Leak	0 . 21 . 31	Mens/MV50			
9	Kevin Fox	0 . 22 . 00	Mens/MV55			
10	Mark Catherall	0 . 22 . 11	Mens/MV55			
11	Sam Mayall	0 . 22 . 33	Mens/U23M			
12	Mike Winstanley	0 . 23 . 16	Mens/MV60+			
13	Danielle Beard	0 . 24 . 32	Ladies			
14	Jill Butterworth	0 . 24 . 36	Ladies/FV40			
15	Amanda Thirsk	0 . 27 . 39	Ladies/FV45			
16	Angela Wharton	0 . 28 . 52	Ladies/FV40			
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# Rochdale Harriers & A.C. - 2013 Road Race Championship

## Group Results For Race 7, Ron Hill 5K, 25th September 2013

### 5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 17 . 06	32	39	0.9521	0 . 16 . 16	79.23
Phillip Bennett	0 . 17 . 24	29	22	0.9996	0 . 17 . 23	74.17
Ian Douglas	0 . 18 . 51	28	36	0.9729	0 . 18 . 20	70.34
Ian Aitchison	0 . 20 . 12	27	57	0.8254	0 . 16 . 40	77.37
Dave Wharton	0 . 20 . 50	26	43	0.9240	0 . 19 . 15	67.01
John Mayall	0 . 20 . 54	25	51	0.8676	0 . 18 . 07	71.14
Stephen Leak	0 . 21 . 31	24	52	0.8606	0 . 18 . 31	69.66
Kevin Fox	0 . 22 . 00	23	56	0.8324	0 . 18 . 18	70.44
Mark Catherall	0 . 22 . 11	22	59	0.8113	0 . 17 . 59	71.68
Sam Mayall	0 . 22 . 33	21	22	0.9996	0 . 22 . 32	57.23
Mike Winstanley	0 . 23 . 16	20	65	0.7691	0 . 17 . 53	72.09

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 21 . 14	32	52	0.8610	0 . 18 . 16	80.95
Danielle Beard	0 . 24 . 32	29	33	0.9957	0 . 24 . 25	60.59
Jill Butterworth	0 . 24 . 36	28	40	0.9678	0 . 23 . 48	62.16
Amanda Thirsk	0 . 27 . 39	27	46	0.9232	0 . 25 . 31	57.98
Angela Wharton	0 . 28 . 52	26	43	0.9479	0 . 27 . 21	54.09

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Wharton	0 . 20 . 50	32	43	0.9240	0 . 19 . 15	67.01

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 20 . 54	32	51	0.8676	0 . 18 . 07	71.14
Stephen Leak	0 . 21 . 31	29	52	0.8606	0 . 18 . 31	69.66

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Aitchison	0 . 20 . 12	32	57	0.8254	0 . 16 . 40	77.37
Kevin Fox	0 . 22 . 00	29	56	0.8324	0 . 18 . 18	70.44
Mark Catherall	0 . 22 . 11	28	59	0.8113	0 . 17 . 59	71.68

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	0 . 23 . 16	32	65	0.7691	0 . 17 . 53	72.09

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 24 . 36	32	40	0.9678	0 . 23 . 48	62.16
Angela Wharton	0 . 28 . 52	29	43	0.9479	0 . 27 . 21	54.09

# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 7, Ron Hill 5K, 25th September 2013 - continued

5 Kilometre Age Grading Tables Used

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Amanda Thirsk	0 . 27 . 39	32	46	0.9232	0 . 25 . 31	57.98

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 21 . 14	32	52	0.8610	0 . 18 . 16	80.95

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phillip Bennett	0 . 17 . 24	32	22	0.9996	0 . 17 . 23	74.17
Sam Mayall	0 . 22 . 33	29	22	0.9996	0 . 22 . 32	57.23

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

All RHAC Results For Race 8, Through the Villages Race, 3rd November 2013

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Chris Merchant	0 . 50 . 51	<b>Mens</b>			
2	Mark Catherall	1 . 03 . 33	<b>Mens/MV55</b>			
3	Craig Sykes	1 . 03 . 54	<b>Mens/MV40</b>			
4	Mike Winstanley	1 . 07 . 20	<b>Mens/MV60+</b>			
5	Kevin McGilvray	1 . 09 . 02	<b>Mens/MV55</b>			
6	Jill Butterworth	1 . 12 . 03	<b>Ladies/FV40</b>			
7	Laura Fitton	1 . 23 . 42	<b>Ladies</b>			
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# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 8, Through the Villages Race, 3rd November 2013

Modified 10 Mile Age Grading Tables Used (Through The Villages)

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 50 . 51	32	39	0.9675	0 . 49 . 11	76.22
Mark Catherall	1 . 03 . 33	29	59	0.8165	0 . 51 . 53	72.27
Craig Sykes	1 . 03 . 54	28	42	0.9448	1 . 00 . 22	62.11
Mike Winstanley	1 . 07 . 20	27	65	0.7712	0 . 51 . 55	72.22
Kevin McGilvray	1 . 09 . 02	26	59	0.8165	0 . 56 . 21	66.53

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	1 . 12 . 03	32	40	0.9678	1 . 09 . 43	60.19
Laura Fitton	1 . 23 . 42	29	24	1.0000	1 . 23 . 42	50.14

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Craig Sykes	1 . 03 . 54	32	42	0.9448	1 . 00 . 22	62.11

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mark Catherall	1 . 03 . 33	32	59	0.8165	0 . 51 . 53	72.27
Kevin McGilvray	1 . 09 . 02	29	59	0.8165	0 . 56 . 21	66.53

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	1 . 07 . 20	32	65	0.7712	0 . 51 . 55	72.22

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	1 . 12 . 03	32	40	0.9678	1 . 09 . 43	60.19

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 8, Through the Villages Race, 3rd November 2013 - continued

Modified 10 Mile Age Grading Tables Used (Through The Villages)

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

All RHAC Results For Race 9, Leeds Abbey Dash 10K, 17th November 2013

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	David Proctor	0 . 32 . 50	Mens			
2	Michael Tanner	0 . 33 . 40	Mens			
3	Chris Merchant	0 . 33 . 45	Mens			
4	Phillip Bennett	0 . 37 . 33	Mens/U23M			
5	Ian Douglas	0 . 39 . 47	Mens			
6	Nick Barton	0 . 40 . 44	Mens			
7	Jill Butterworth	0 . 49 . 09	Ladies/FV40			
8	Laura Fitton	0 . 59 . 49	Ladies			
9	Samantha Morris	1 . 02 . 15	Ladies			
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# Rochdale Harriers & A.C. - 2013 Road Race Championship

## Group Results For Race 9, Leeds Abbey Dash 10K, 17th November 2013

### 10 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
David Proctor	0 . 32 . 50	32	28	0.9999	0 . 32 . 49	81.78
Michael Tanner	0 . 33 . 40	29	27	1.0000	0 . 33 . 39	79.75
Chris Merchant	0 . 33 . 45	28	39	0.9521	0 . 32 . 08	83.56
Phillip Bennett	0 . 37 . 33	27	22	0.9996	0 . 37 . 32	71.53
Ian Douglas	0 . 39 . 47	26	37	0.9662	0 . 38 . 26	69.85
Nick Barton	0 . 40 . 44	25	38	0.9592	0 . 39 . 04	68.72
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Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 49 . 09	32	41	0.9617	0 . 47 . 16	64.17
Laura Fitton	0 . 59 . 49	29	24	1.0000	0 . 59 . 49	50.70
Samantha Morris	1 . 02 . 15	28	40	0.9678	1 . 00 . 14	50.34
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Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

# Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 9, Leeds Abbey Dash 10K, 17th November 2013 - continued

10 Kilometre Age Grading Tables Used

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 49 . 09	32	41	0.9617	0 . 47 . 16	64.17

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phillip Bennett	0 . 37 . 33	32	22	0.9996	0 . 37 . 32	71.53

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
<b>There were no finishers in this age category</b>						