

Rochdale Harriers A.C. - 2013 Road Race Championship - Group Tables

Mens		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Derek Simpson	2	32	29								61
2	Ian Roberts	2	29	27								56
3	Phillip Bennett	2	27	28								55
4	Chris Merchant	2	28	26								54
5	Nick Barton	2	26	24								50
6	John Mayall	2	25	22								47
7	Jeff McCarthy	2	23	23								46
8	Kevin McGilvray	2	20	16								36
9	David Proctor	1		32								32
10	Lawrence Wade *	1		25								25
11	Dave Wharton	1	24									24
12	Wesley Young	1	22									22
13=	Kris Robinson	1		21								21
13=	Mike Winstanley	1	21									21
15	Max Smith	1		20								20
16	Lewis Thirsk	1		19								19
17	Kevin Fox	1		18								18
18	Liam Moore	1		17								17
19	Mark Catherall	1		15								15
20	William Knox	1		14								14
21	James Kramer	1		13								13
22		0										0
23		0										0
24		0										0
25		0										0

Ladies		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1=	Anna Blomfield	2	32	29								61
1=	Hazel Carruthers	2	29	32								61
3	Ann-Marie McGilvray	2	28	27								55
4	Jill Butterworth	2	27	26								53
5	Jan Needham	1		28								28
6	Diane Winterburn	1	26									26
7	Zara Hirst	1		25								25
8	Chloe Hirst	1		24								24
9	Rosangela Terim	1		23								23
10	Josefa Terim	1		22								22
11	Abi Ellis	1		21								21
12	Sophie Thirsk	1		20								20
13		0										0
14		0										0
15		0										0

* denotes 2nd claim RHAC member

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Male Vet 40		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Jeff McCarthy	2	29	32								61
2	Dave Wharton	1	32									32
3	Kris Robinson	1		29								29
4		0										0

Male Vet 45		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1		0										0
2		0										0
3		0										0
4		0										0

Male Vet 50		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	John Mayall	2	32	32								64
2		0										0
3		0										0
4		0										0

Male Vet 55		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Kevin McGilvray	2	32	29								61
2	Kevin Fox	1		32								32
3	Mark Catherall	1		28								28
4		0										0

Male Vet 60+		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1=	Mike Winstanley	1	32									32
1=	William Knox	1		32								32
3		0										0
4		0										0

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Female Vet 40		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Jill Butterworth	2	32	32								64
2	Josefa Terim	1		29								29
3		0										0

Female Vet 45		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Ann-Marie McGilvray	2	32	32								64
2	Diane Winterburn	1	29									29
3		0										0
4		0										0

Female Vet 50		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Anna Blomfield	2	32	32								64
2		0										0
3		0										0

Female Vet 55		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1		0										0
2		0										0
3		0										0

Female Vet 60+		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Jan Needham	1		32								32
2		0										0
3		0										0

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Under 23 Male		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Phillip Bennett	2	32	32								64
2	Max Smith	1		29								29
3	Lewis Thirsk	1		28								28
4	Liam Moore	1		27								27
5	James Kramer	1		26								26

Under 23 Female		No. Of Races Completed	Trafford 10K	Lottie Wilcocks 5K	Morecambe Half Marathon	Norden 6 Mile Road Race	Sale Sizzler 5K	Fleetwood Half Marathon	Ron Hill 5K	Through the Villages Race	Leeds Abbey Dash	Total (Best 5 Races To Count)
1	Zara Hirst	1		32								32
2	Chloe Hirst	1		29								29
3	Rosangela Terim	1		28								28
4	Abi Ellis	1		27								27
5	Sophie Thirsk	1		26								26

Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 1, Trafford 10K, 10th March 2013

10 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Derek Simpson	0 . 34 . 32	32	29	0.9991	0 . 34 . 30	77.82
Ian Roberts	0 . 36 . 00	29	25	1.0000	0 . 36 . 00	74.58
Chris Merchant	0 . 36 . 17	28	39	0.9521	0 . 34 . 32	77.72
Phillip Bennett	0 . 37 . 41	27	22	0.9996	0 . 37 . 40	71.28
Nick Barton	0 . 38 . 18	26	38	0.9592	0 . 36 . 44	73.09
John Mayall	0 . 41 . 05	25	50	0.8747	0 . 35 . 56	74.72
Dave Wharton	0 . 41 . 09	24	43	0.9240	0 . 38 . 01	70.62
Jeff McCarthy	0 . 41 . 54	23	43	0.9240	0 . 38 . 42	69.35
Wesley Young	0 . 42 . 35	22	34	0.9840	0 . 41 . 54	64.08
Mike Winstanley	0 . 47 . 49	21	64	0.7761	0 . 37 . 06	72.35
Kevin McGilvray	0 . 49 . 48	20	59	0.8113	0 . 40 . 24	66.46

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 42 . 03	32	51	0.8719	0 . 36 . 39	82.73
Hazel Carruthers	0 . 42 . 34	29	25	1.0000	0 . 42 . 34	71.25
Ann-Marie McGilvray	0 . 46 . 42	28	47	0.9139	0 . 42 . 40	71.07
Jill Butterworth	0 . 47 . 18	27	40	0.9678	0 . 45 . 46	66.26
Diane Winterburn	0 . 49 . 23	26	47	0.9139	0 . 45 . 07	67.20

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Wharton	0 . 41 . 09	32	43	0.9240	0 . 38 . 01	70.62
Jeff McCarthy	0 . 41 . 54	29	43	0.9240	0 . 38 . 42	69.35

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 41 . 05	32	50	0.8747	0 . 35 . 56	74.72

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kevin McGilvray	0 . 49 . 48	32	59	0.8113	0 . 40 . 24	66.46

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	0 . 47 . 49	32	64	0.7761	0 . 37 . 06	72.35

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 47 . 18	32	40	0.9678	0 . 45 . 46	66.26

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 46 . 42	32	47	0.9139	0 . 42 . 40	71.07
Diane Winterburn	0 . 49 . 23	29	47	0.9139	0 . 45 . 07	67.20

Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 1, Trafford 10K, 10th March 2013 - continued

10 Kilometre Age Grading Tables Used

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 42 . 03	32	51	0.8719	0 . 36 . 39	82.73

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phillip Bennett	0 . 37 . 41	32	22	0.9996	0 . 37 . 40	71.28

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 2, Lottie Wilcocks 5K, 7th April 2013

5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
David Proctor	0 . 14 . 54	32	27	1.0000	0 . 14 . 54	86.58
Derek Simpson	0 . 16 . 39	29	29	0.9991	0 . 16 . 38	77.55
Phillip Bennett	0 . 16 . 54	28	22	0.9996	0 . 16 . 53	76.36
Ian Roberts	0 . 17 . 00	27	26	1.0000	0 . 17 . 00	75.88
Chris Merchant	0 . 17 . 11	26	39	0.9521	0 . 16 . 21	78.85
Lawrence Wade *	0 . 17 . 29	25	39	0.9521	0 . 16 . 38	77.50
Nick Barton	0 . 18 . 44	24	38	0.9592	0 . 17 . 58	71.79
Jeff McCarthy	0 . 19 . 32	23	43	0.9240	0 . 18 . 02	71.47
John Mayall	0 . 19 . 44	22	50	0.8747	0 . 17 . 15	74.74
Kris Robinson	0 . 19 . 59	21	44	0.9169	0 . 18 . 19	70.40
Max Smith	0 . 20 . 04	20	17	0.9550	0 . 19 . 09	67.31
Lewis Thirsk	0 . 20 . 12	19	15	0.9266	0 . 18 . 43	68.92
Kevin Fox	0 . 20 . 27	18	56	0.8324	0 . 17 . 01	75.78
Liam Moore	0 . 21 . 11	17	16	0.9419	0 . 19 . 57	64.65
Kevin McGilvray	0 . 22 . 23	16	59	0.8113	0 . 18 . 09	71.04
Mark Catherall	0 . 24 . 18	15	58	0.8184	0 . 19 . 53	64.87
William Knox	0 . 28 . 40	14	60	0.8043	0 . 23 . 03	55.95
James Kramer	0 . 35 . 30	13	14	0.9091	0 . 32 . 16	39.97

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Hazel Carruthers	0 . 20 . 13	32	26	1.0000	0 . 20 . 12	73.21
Anna Blomfield	0 . 20 . 15	29	51	0.8719	0 . 17 . 39	83.82
Jan Needham	0 . 20 . 32	28	60	0.7738	0 . 15 . 53	93.15
Ann-Marie McGilvray	0 . 21 . 40	27	47	0.9139	0 . 19 . 48	74.74
Jill Butterworth	0 . 22 . 28	26	40	0.9678	0 . 21 . 44	68.07
Zara Hirst	0 . 22 . 59	25	12	0.9091	0 . 20 . 53	70.83
Chloe Hirst	0 . 23 . 06	24	15	0.9550	0 . 22 . 03	67.09
Rosangela Terim	0 . 24 . 04	23	10	0.8675	0 . 20 . 52	70.89
Josefa Terim	0 . 24 . 06	22	41	0.9617	0 . 23 . 10	63.86
Abi Ellis	0 . 24 . 16	21	15	0.9550	0 . 23 . 10	63.86
Sophie Thirsk	0 . 24 . 32	20	17	0.9790	0 . 24 . 01	61.62

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jeff McCarthy	0 . 19 . 32	32	43	0.9240	0 . 18 . 02	71.47
Kris Robinson	0 . 19 . 59	29	44	0.9169	0 . 18 . 19	70.40

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 19 . 44	32	50	0.8747	0 . 17 . 15	74.74

Rochdale Harriers & A.C. - 2013 Road Race Championship

Group Results For Race 2, Lottie Wilcocks 5K, 7th April 2013 - continued

5 Kilometre Age Grading Tables Used

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kevin Fox	0 . 20 . 27	32	56	0.8324	0 . 17 . 01	75.78
Kevin McGilvray	0 . 22 . 23	29	59	0.8113	0 . 18 . 09	71.04
Mark Catherall	0 . 24 . 18	28	58	0.8184	0 . 19 . 53	64.87

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
William Knox	0 . 28 . 40	32	60	0.8043	0 . 23 . 03	55.95

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 22 . 28	32	40	0.9678	0 . 21 . 44	68.07
Josefa Terim	0 . 24 . 06	29	41	0.9617	0 . 23 . 10	63.86

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 21 . 40	32	47	0.9139	0 . 19 . 48	74.74

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 20 . 15	32	51	0.8719	0 . 17 . 39	83.82

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jan Needham	0 . 20 . 32	32	60	0.7738	0 . 15 . 53	93.15

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phillip Bennett	0 . 16 . 54	32	22	0.9996	0 . 16 . 53	76.36
Max Smith	0 . 20 . 04	29	17	0.9550	0 . 19 . 09	67.31
Lewis Thirsk	0 . 20 . 12	28	15	0.9266	0 . 18 . 43	68.92
Liam Moore	0 . 21 . 11	27	16	0.9419	0 . 19 . 57	64.65
James Kramer	0 . 35 . 30	26	14	0.9091	0 . 32 . 16	39.97

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Zara Hirst	0 . 22 . 59	32	12	0.9091	0 . 20 . 53	70.83
Chloe Hirst	0 . 23 . 06	29	15	0.9550	0 . 22 . 03	67.09
Rosangela Terim	0 . 24 . 04	28	10	0.8675	0 . 20 . 52	70.89
Abi Ellis	0 . 24 . 16	27	15	0.9550	0 . 23 . 10	63.86
Sophie Thirsk	0 . 24 . 32	26	17	0.9790	0 . 24 . 01	61.62