

Rochdale Harriers A.C. - 2015 Road Race Championship - Group Tables

Mens		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Richard Stirzaker	7	26	32	32	32	32	32	32	128
2	Nick Barton	4		27	27		29		28	111
3	John Mayall	5			26	26	28	27	27	108
4	Paul Wolstenhulme	6	25	26	25	28		26	26	106
5	Craig Sykes	4	24	23		27	27			101
6	Matthew Jones	4		21		24		25	24	94
7	Ray Dalby	4	23		23	23			23	92
8	Mike Winstanley	4		20		22	25	24		91
9	Ian Stainthorpe	3	27	29	28					84
10	Mark Catherall	3			24		26		25	75
11	Ian Douglas	2		28	29					57
12	Jeff McCarthy	2		22		25				47
13	Richard Mason	2					23	23		46
14	Phil Williams	1	32							32
15=	Chris Merchant	1	29							29
15=	Brian Moore	1				29				29
15=	Matt Jackson	1						29		29
15=	David Bentley	1							29	29
19=	Jon Lane	1	28							28
19=	Alex Frost	1						28		28
21	Ian Aitchison	1		25						25
22=	Neil Hirst	1		24						24
22=	Kevin McGilvray	1					24			24
24	Stephen Wild	1						22		22
25	Andy O'Sullivan	1							22	22
26	Rob McLean	1				21				21
27	William Knox	1		19						19

Ladies		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Kay Welsby	5	32	32	32	32	32			128
2	Anna Blomfield	4		29			28	32	32	121
3	Ann-Marie McGilvray	4		28		29	29		29	115
4	Jill Butterworth	5			28	28	27	29	28	113
5	Julia Moore	4		24		27	26		25	102
6	Paula Abernethy	3	29	27	29					85
7	Susie Hirst	2		26					27	53
8	Jackie Mason	2					25	27		52
9	Chloe Hirst	2		25					26	51
10=	Catherine Unwin	2					23	25		48
10=	Nicola Smith	2						24	24	48
12=	Caroline Fortnum	1	28							28
12=	Siobhan Halligan	1						28		28
14	Brenda Robinson	1				26				26
15	Charlotte Brett	1						26		26
16	Karen Conduit	1					24			24

* denotes 2nd claim RHAC member

Rochdale Harriers A.C. - 2015 Road Race Championship - Group Tables

Male Vet 40		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Nick Barton	4		32	32		32		29	125
2	Craig Sykes	4	29	29		32	29			119
3=	Chris Merchant	1	32							32
3=	David Bentley	1						32		32

Male Vet 45		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Jeff McCarthy	2		29		29				58
2=	Brian Moore	1				32				32
2=	Neil Hirst	1		32						32
2=	Alex Frost	1						32		32

Male Vet 50		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	John Mayall	5			29	32	32	32	32	128
2	Ian Stainthorpe	3	32	32	32					96
3	Stephen Wild	1						29		29
4										

Male Vet 55		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Richard Mason	2					32	32		64
2	Ian Aitchison	1		32						32
3										
4										

Male Vet 60+		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1=	Mike Winstanley	4		32		29	29	32		122
1=	Ray Dalby	4	32		29	32			29	122
3	Mark Catherall	3			32		32		32	96
4	William Knox	1		29						29
5	Kevin McGilvray	1					28			28
6	Andy O'Sullivan	1							28	28

Rochdale Harriers A.C. - 2015 Road Race Championship - Group Tables

Female Vet 40		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Jill Butterworth	5			32	32	32	32	32	128
2	Susie Hirst	2		32					29	61
3	Caroline Fortnum	1	32							32
4	Charlotte Brett	1						29		29

Female Vet 45		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Ann-Marie McGilvray	4		32		32	32		32	128
2	Julia Moore	4		28		29	29		29	115
3	Paula Abernethy	3	32	29	32					93
4	Siobhan Halligan	1						32		32

Female Vet 50		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Anna Blomfield	4		32			32	32	32	128
2	Jackie Mason	2					29	29		58
3	Catherine Unwin	2					28	28		56
4										

Female Vet 55		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
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2										
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Female Vet 60+		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1=	Brenda Robinson	1				32				32
1=	Karen Conduit	1					32			32
3										
4										

Rochdale Harriers A.C. - 2015 Road Race Championship - Group Tables

Under 23 Male		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
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2										
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4										

Under 23 Female		No. Of Races Completed	Salford 10K	Littleborough 5K	Horwich Festival of Racing 5K	Sale Sizzler 5K (race 3/4)	Lancaster 10 mile road race	Rochdale Hilton Half Marathon	Littleborough 10K	Total (Best 4 Races To Count)
1	Chloe Hirst	2		32					32	64
2										
3										
4										

Rochdale Harriers & A.C. - 2015 Road Race Championship

All RHAC Results For Race 1, Salford 10K, 3rd April 2015

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Phil Williams	0 . 32 . 21	Mens			
2	Chris Merchant	0 . 35 . 58	Mens/MV40			
3	Jon Lane	0 . 36 . 07	Mens			
4	Ian Stainthorpe	0 . 38 . 36	Mens/MV50			
5	Richard Stirzaker	0 . 39 . 38	Mens			
6	Paul Wolstenhulme	0 . 41 . 04	Mens			
7	Craig Sykes	0 . 42 . 03	Mens/MV40			
8	Kay Welsby	0 . 42 . 34	Ladies			
9	Paula Abernethy	0 . 43 . 55	Ladies/FV45			
10	Ray Dalby	0 . 44 . 29	Mens/MV60+			
11	Caroline Fortnum	0 . 51 . 10	Ladies/FV40			
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 1, Salford 10K, 3rd April 2015

10 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Phil Williams	0 . 32 . 21	32	30	0.9975	0 . 32 . 16	83.21
Chris Merchant	0 . 35 . 58	29	41	0.9380	0 . 33 . 44	79.59
Jon Lane	0 . 36 . 07	28	33	0.9885	0 . 35 . 42	75.21
Ian Stainthorpe	0 . 38 . 36	27	53	0.8536	0 . 32 . 56	81.49
Richard Stirzaker	0 . 39 . 38	26	27	1.0000	0 . 39 . 38	67.75
Paul Wolstenhulme	0 . 41 . 04	25	37	0.9662	0 . 39 . 40	67.67
Craig Sykes	0 . 42 . 03	24	44	0.9169	0 . 38 . 33	69.64
Ray Dalby	0 . 44 . 29	23	60	0.8043	0 . 35 . 46	75.05
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Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kay Welsby	0 . 42 . 34	32	32	0.9976	0 . 42 . 27	71.42
Paula Abernethy	0 . 43 . 55	29	49	0.8937	0 . 39 . 14	77.28
Caroline Fortnum	0 . 51 . 10	28	41	0.9617	0 . 49 . 12	61.64
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Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 35 . 58	32	41	0.9380	0 . 33 . 44	79.59
Craig Sykes	0 . 42 . 03	29	44	0.9169	0 . 38 . 33	69.64
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Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Stainthorpe	0 . 38 . 36	32	53	0.8536	0 . 32 . 56	81.49
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Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ray Dalby	0 . 44 . 29	32	60	0.8043	0 . 35 . 46	75.05
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 1, Salford 10K, 3rd April 2015 - continued

10 Kilometre Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Caroline Fortnum	0 . 51 . 10	32	41	0.9617	0 . 49 . 12	61.64
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Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Paula Abernethy	0 . 43 . 55	32	49	0.8937	0 . 39 . 14	77.28
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Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Rochdale Harriers & A.C. - 2015 Road Race Championship

All RHAC Results For Race 2, Littleborough 5K, 6th May 2015

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Richard Stirzaker	0 . 18 . 34	Mens			
2	Ian Stainthorpe	0 . 19 . 15	Mens/MV50			
3	Ian Douglas	0 . 19 . 18	Mens			
4	Nick Barton	0 . 19 . 31	Mens/MV40			
5	Paul Wolstenhulme	0 . 19 . 57	Mens			
6	Ian Aitchison	0 . 20 . 37	Mens/MV55			
7	Neil Hirst	0 . 20 . 55	Mens/MV45			
8	Craig Sykes	0 . 21 . 08	Mens/MV40			
9	Kay Welsby	0 . 21 . 12	Ladies			
10	Jeff McCarthy	0 . 21 . 36	Mens/MV45			
11	Anna Blomfield	0 . 21 . 42	Ladies/FV50			
12	Ann-Marie McGilvray	0 . 22 . 00	Ladies/FV45			
13	Paula Abernethy	0 . 23 . 04	Ladies/FV45			
14	Susie Hirst	0 . 23 . 34	Ladies/FV40			
15	Matthew Jones	0 . 23 . 42	Mens			
16	Mike Winstanley	0 . 24 . 00	Mens/MV60+			
17	Chloe Hirst	0 . 25 . 08	Ladies/U23F			
18	William Knox	0 . 25 . 09	Mens/MV60+			
19	Julia Moore	0 . 26 . 24	Ladies/FV45			
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 2, Littleborough 5K, 6th May 2015

5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Stirzaker	0 . 18 . 34	32	27	1.0000	0 . 18 . 34	69.48
Ian Stainthorpe	0 . 19 . 15	29	53	0.8536	0 . 16 . 25	78.51
Ian Douglas	0 . 19 . 18	28	38	0.9592	0 . 18 . 30	69.68
Nick Barton	0 . 19 . 31	27	40	0.9451	0 . 18 . 26	69.94
Paul Wolstenhulme	0 . 19 . 57	26	37	0.9662	0 . 19 . 16	66.92
Ian Aitchison	0 . 20 . 37	25	59	0.8113	0 . 16 . 43	77.12
Neil Hirst	0 . 20 . 55	24	45	0.9099	0 . 19 . 01	67.78
Craig Sykes	0 . 21 . 08	23	44	0.9169	0 . 19 . 22	66.57
Jeff McCarthy	0 . 21 . 36	22	46	0.9028	0 . 19 . 30	66.15
Matthew Jones	0 . 23 . 42	21	36	0.9729	0 . 23 . 03	55.95
Mike Winstanley	0 . 24 . 00	20	67	0.7550	0 . 18 . 07	71.19
William Knox	0 . 25 . 09	19	62	0.7902	0 . 19 . 52	64.91

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kay Welsby	0 . 21 . 12	32	32	0.9976	0 . 21 . 08	69.98
Anna Blomfield	0 . 21 . 42	29	53	0.8501	0 . 18 . 26	80.23
Ann-Marie McGilvray	0 . 22 . 00	28	49	0.8937	0 . 19 . 39	75.27
Paula Abernethy	0 . 23 . 04	27	50	0.8828	0 . 20 . 21	72.68
Susie Hirst	0 . 23 . 34	26	42	0.9551	0 . 22 . 30	65.75
Chloe Hirst	0 . 25 . 08	25	17	0.9790	0 . 24 . 36	60.15
Julia Moore	0 . 26 . 24	24	50	0.8828	0 . 23 . 18	63.50
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Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Nick Barton	0 . 19 . 31	32	40	0.9451	0 . 18 . 26	69.94
Craig Sykes	0 . 21 . 08	29	44	0.9169	0 . 19 . 22	66.57
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Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Neil Hirst	0 . 20 . 55	32	45	0.9099	0 . 19 . 01	67.78
Jeff McCarthy	0 . 21 . 36	29	46	0.9028	0 . 19 . 30	66.15
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Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Stainthorpe	0 . 19 . 15	32	53	0.8536	0 . 16 . 25	78.51
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Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Aitchison	0 . 20 . 37	32	59	0.8113	0 . 16 . 43	77.12
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Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	0 . 24 . 00	32	67	0.7550	0 . 18 . 07	71.19
William Knox	0 . 25 . 09	29	62	0.7902	0 . 19 . 52	64.91
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 2, Littleborough 5K, 6th May 2015 - continued

5 Kilometre Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Susie Hirst	0 . 23 . 34	32	42	0.9551	0 . 22 . 30	65.75
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Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 22 . 00	32	49	0.8937	0 . 19 . 39	75.27
Paula Abernethy	0 . 23 . 04	29	50	0.8828	0 . 20 . 21	72.68
Julia Moore	0 . 26 . 24	28	50	0.8828	0 . 23 . 18	63.50

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 21 . 42	32	53	0.8501	0 . 18 . 26	80.23
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Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chloe Hirst	0 . 25 . 08	32	17	0.9790	0 . 24 . 36	60.15
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Rochdale Harriers & A.C. - 2015 Road Race Championship

All RHAC Results For Race 3, Horwich Festival of Racing 5K, 21st June 2015

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Richard Stirzaker	0 . 18 . 39	Mens			
2	Ian Douglas	0 . 18 . 51	Mens			
3	Ian Stainthorpe	0 . 19 . 29	Mens/MV50			
4	Nick Barton	0 . 19 . 33	Mens/MV40			
5	John Mayall	0 . 20 . 17	Mens/MV50			
6	Paul Wolstenhulme	0 . 20 . 38	Mens			
7	Kay Welsby	0 . 20 . 46	Ladies			
8	Paula Abernethy	0 . 21 . 49	Ladies/FV45			
9	Mark Catherall	0 . 22 . 12	Mens/MV60+			
10	Ray Dalby	0 . 22 . 24	Mens/MV60+			
11	Jill Butterworth	0 . 23 . 34	Ladies/FV40			
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 3, Horwich Festival of Racing 5K, 21st June 2015

5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Stirzaker	0 . 18 . 39	32	27	1.0000	0 . 18 . 38	69.17
Ian Douglas	0 . 18 . 51	29	38	0.9592	0 . 18 . 04	71.35
Ian Stainthorpe	0 . 19 . 29	28	53	0.8536	0 . 16 . 37	77.57
Nick Barton	0 . 19 . 33	27	40	0.9451	0 . 18 . 28	69.82
John Mayall	0 . 20 . 17	26	52	0.8606	0 . 17 . 27	73.90
Paul Wolstenhulme	0 . 20 . 38	25	37	0.9662	0 . 19 . 56	64.71
Mark Catherall	0 . 22 . 12	24	60	0.8043	0 . 17 . 51	72.25
Ray Dalby	0 . 22 . 24	23	60	0.8043	0 . 18 . 00	71.60
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Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kay Welsby	0 . 20 . 46	32	32	0.9976	0 . 20 . 43	71.44
Paula Abernethy	0 . 21 . 49	29	50	0.8828	0 . 19 . 15	76.84
Jill Butterworth	0 . 23 . 34	28	42	0.9551	0 . 22 . 30	65.75
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Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Nick Barton	0 . 19 . 33	32	40	0.9451	0 . 18 . 28	69.82
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Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Stainthorpe	0 . 19 . 29	32	53	0.8536	0 . 16 . 37	77.57
John Mayall	0 . 20 . 17	29	52	0.8606	0 . 17 . 27	73.90
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Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mark Catherall	0 . 22 . 12	32	60	0.8043	0 . 17 . 51	72.25
Ray Dalby	0 . 22 . 24	29	60	0.8043	0 . 18 . 00	71.60
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Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class * Denotes 2nd claim RHAC member
 80 to 89.99% = National Class, 70 to 79.99% = Regional Class & 60 to 69.99% = Local Class

Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 3, Horwich Festival of Racing 5K, 21st June 2015 - continued

5 Kilometre Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 23 . 34	32	42	0.9551	0 . 22 . 30	65.75
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Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Paula Abernethy	0 . 21 . 49	32	50	0.8828	0 . 19 . 15	76.84
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Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Rochdale Harriers & A.C. - 2015 Road Race Championship

All RHAC Results For Race 4, Sale Sizzler 5K, 23rd July 2015

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Richard Stirzaker	0 . 17 . 33	Mens			
2	Brian Moore	0 . 19 . 37	Mens/MV45			
3	Paul Wolstenhulme	0 . 19 . 43	Mens			
4	Craig Sykes	0 . 19 . 49	Mens/MV40			
5	John Mayall	0 . 19 . 55	Mens/MV50			
6	Kay Welsby	0 . 20 . 03	Ladies			
7	Jeff McCarthy	0 . 20 . 30	Mens/MV45			
8	Ann-Marie McGilvray	0 . 21 . 38	Ladies/FV45			
9	Matthew Jones	0 . 21 . 53	Mens			
10	Ray Dalby	0 . 21 . 59	Mens/MV60+			
11	Mike Winstanley	0 . 22 . 37	Mens/MV60+			
12	Jill Butterworth	0 . 23 . 40	Ladies/FV40			
13	Julia Moore	0 . 24 . 58	Ladies/FV45			
14	Brenda Robinson	0 . 29 . 03	Ladies/FV60+			
15	Rob McLean	0 . 30 . 29	Mens			
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 4, Sale Sizzler 5K, 23rd July 2015

5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Stirzaker	0 . 17 . 33	32	27	1.0000	0 . 17 . 33	73.50
Brian Moore	0 . 19 . 37	29	50	0.8747	0 . 17 . 09	75.18
Paul Wolstenhulme	0 . 19 . 43	28	38	0.9592	0 . 18 . 54	68.21
Craig Sykes	0 . 19 . 49	27	44	0.9169	0 . 18 . 10	71.00
John Mayall	0 . 19 . 55	26	53	0.8536	0 . 17 . 00	75.88
Jeff McCarthy	0 . 20 . 30	25	46	0.9028	0 . 18 . 30	69.70
Matthew Jones	0 . 21 . 53	24	36	0.9729	0 . 21 . 17	60.59
Ray Dalby	0 . 21 . 59	23	60	0.8043	0 . 17 . 40	72.96
Mike Winstanley	0 . 22 . 37	22	67	0.7550	0 . 17 . 04	75.55
Rob McLean	0 . 30 . 29	21	38	0.9592	0 . 29 . 14	44.12
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Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kay Welsby	0 . 20 . 03	32	32	0.9976	0 . 20 . 00	73.99
Ann-Marie McGilvray	0 . 21 . 38	29	49	0.8937	0 . 19 . 20	76.55
Jill Butterworth	0 . 23 . 40	28	42	0.9551	0 . 22 . 36	65.48
Julia Moore	0 . 24 . 58	27	50	0.8828	0 . 22 . 02	67.15
Brenda Robinson	0 . 29 . 03	26	71	0.6539	0 . 18 . 59	77.91
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Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Craig Sykes	0 . 19 . 49	32	44	0.9169	0 . 18 . 10	71.00
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Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Brian Moore	0 . 19 . 37	32	50	0.8747	0 . 17 . 09	75.18
Jeff McCarthy	0 . 20 . 30	29	46	0.9028	0 . 18 . 30	69.70
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Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 19 . 55	32	53	0.8536	0 . 17 . 00	75.88
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Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ray Dalby	0 . 21 . 59	32	60	0.8043	0 . 17 . 40	72.96
Mike Winstanley	0 . 22 . 37	29	67	0.7550	0 . 17 . 04	75.55
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 4, Sale Sizzler 5K, 23rd July 2015 - continued

5 Kilometre Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 23 . 40	32	42	0.9551	0 . 22 . 36	65.48
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Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 21 . 38	32	49	0.8937	0 . 19 . 20	76.55
Julia Moore	0 . 24 . 58	29	50	0.8828	0 . 22 . 02	67.15
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Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Brenda Robinson	0 . 29 . 03	32	71	0.6539	0 . 18 . 59	77.91
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Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Rochdale Harriers & A.C. - 2015 Road Race Championship

All RHAC Results For Race 5, Lancaster 10 mile road race, 2nd August 2015

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Richard Stirzaker	1 . 02 . 43	Mens			
2	Nick Barton	1 . 08 . 59	Mens/MV40			
3	John Mayall	1 . 09 . 23	Mens/MV50			
4	Craig Sykes	1 . 12 . 49	Mens/MV40			
5	Kay Welsby	1 . 13 . 49	Ladies			
6	Mark Catherall	1 . 15 . 17	Mens/MV60+			
7	Ann-Marie McGilvray	1 . 17 . 57	Ladies/FV45			
8	Anna Blomfield	1 . 19 . 15	Ladies/FV50			
9	Mike Winstanley	1 . 21 . 31	Mens/MV60+			
10	Kevin McGilvray	1 . 24 . 53	Mens/MV60+			
11	Jill Butterworth	1 . 25 . 07	Ladies/FV40			
12	Richard Mason	1 . 25 . 47	Mens/MV55			
13	Julia Moore	1 . 30 . 30	Ladies/FV45			
14	Jackie Mason	1 . 35 . 58	Ladies/FV50			
15	Karen Conduit	1 . 41 . 48	Ladies/FV60+			
16	Catherine Unwin	1 . 54 . 59	Ladies/FV50			
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 5, Lancaster 10 mile road race, 2nd August 2015

10 Mile Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Stirzaker	1 . 02 . 43	32	27	1.0000	1 . 02 . 42	70.79
Nick Barton	1 . 08 . 59	29	40	0.9542	1 . 05 . 49	67.45
John Mayall	1 . 09 . 23	28	53	0.8585	0 . 59 . 33	74.54
Craig Sykes	1 . 12 . 49	27	44	0.9248	1 . 07 . 20	65.93
Mark Catherall	1 . 15 . 17	26	61	0.7996	1 . 00 . 11	73.76
Mike Winstanley	1 . 21 . 31	25	67	0.7554	1 . 01 . 34	72.10
Kevin McGilvray	1 . 24 . 53	24	61	0.7996	1 . 07 . 52	65.42
Richard Mason	1 . 25 . 47	23	57	0.8290	1 . 11 . 06	62.43
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Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Kay Welsby	1 . 13 . 49	32	32	0.9976	1 . 13 . 38	67.49
Ann-Marie McGilvray	1 . 17 . 57	29	49	0.8937	1 . 09 . 39	71.34
Anna Blomfield	1 . 19 . 15	28	54	0.8392	1 . 06 . 30	74.73
Jill Butterworth	1 . 25 . 07	27	42	0.9551	1 . 21 . 17	61.14
Julia Moore	1 . 30 . 30	26	50	0.8828	1 . 19 . 53	62.21
Jackie Mason	1 . 35 . 58	25	54	0.8392	1 . 20 . 32	61.71
Karen Conduit	1 . 41 . 48	24	60	0.7738	1 . 18 . 46	63.09
Catherine Unwin	1 . 54 . 59	23	50	0.8828	1 . 41 . 30	48.96

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Nick Barton	1 . 08 . 59	32	40	0.9542	1 . 05 . 49	67.45
Craig Sykes	1 . 12 . 49	29	44	0.9248	1 . 07 . 20	65.93
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Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	1 . 09 . 23	32	53	0.8585	0 . 59 . 33	74.54
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Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Mason	1 . 25 . 47	32	57	0.8290	1 . 11 . 06	62.43
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Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mark Catherall	1 . 15 . 17	32	61	0.7996	1 . 00 . 11	73.76
Mike Winstanley	1 . 21 . 31	29	67	0.7554	1 . 01 . 34	72.10
Kevin McGilvray	1 . 24 . 53	28	61	0.7996	1 . 07 . 52	65.42

Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class, 70 to 79.99% = Regional Class & 60 to 69.99% = Local Class

* Denotes 2nd claim RHAC member

Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 5, Lancaster 10 mile road race, 2nd August 2015 - continued

10 Mile Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	1 . 25 . 07	32	42	0.9551	1 . 21 . 17	61.14
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Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	1 . 17 . 57	32	49	0.8937	1 . 09 . 39	71.34
Julia Moore	1 . 30 . 30	29	50	0.8828	1 . 19 . 53	62.21
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Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	1 . 19 . 15	32	54	0.8392	1 . 06 . 30	74.73
Jackie Mason	1 . 35 . 58	29	54	0.8392	1 . 20 . 32	61.71
Catherine Unwin	1 . 54 . 59	28	50	0.8828	1 . 41 . 30	48.96

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Karen Conduit	1 . 41 . 48	32	60	0.7738	1 . 18 . 46	63.09
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Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Rochdale Harriers & A.C. - 2015 Road Race Championship

All RHAC Results For Race 6, Rochdale Half Marathon, 23rd August 2015

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Richard Stirzaker	1 . 27 . 23	Mens			
2	Matt Jackson	1 . 28 . 22	Mens			
3	Alex Frost	1 . 34 . 43	Mens/MV45			
4	John Mayall	1 . 37 . 05	Mens/MV50			
5	Paul Wolstenhulme	1 . 39 . 11	Mens			
6	Matthew Jones	1 . 44 . 20	Mens			
7	Anna Blomfield	1 . 44 . 47	Ladies/FV50			
8	Jill Butterworth	1 . 53 . 37	Ladies/FV40			
9	Mike Winstanley	1 . 53 . 38	Mens/MV60+			
10	Siobhan Halligan	1 . 57 . 01	Ladies/FV45			
11	Richard Mason	2 . 00 . 11	Mens/MV55			
12	Stephen Wild	2 . 15 . 50	Mens/MV50			
13	Jackie Mason	2 . 17 . 07	Ladies/FV50			
14	Charlotte Brett	2 . 27 . 22	Ladies/FV40			
15	Catherine Unwin	2 . 39 . 09	Ladies/FV50			
16	Nicola Smith	2 . 42 . 07	Ladies			
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 6, Rochdale Half Marathon, 23rd August 2015

Half Marathon Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Stirzaker	1 . 27 . 23	32	27	1.0000	1 . 27 . 23	67.75
Matt Jackson	1 . 28 . 22	29	32	0.9998	1 . 28 . 20	67.01
Alex Frost	1 . 34 . 43	28	47	0.9071	1 . 25 . 55	68.90
John Mayall	1 . 37 . 05	27	53	0.8618	1 . 23 . 39	70.76
Paul Wolstenhulme	1 . 39 . 11	26	38	0.9750	1 . 36 . 42	61.22
Matthew Jones	1 . 44 . 20	25	36	0.9878	1 . 43 . 03	57.44
Mike Winstanley	1 . 53 . 38	24	67	0.7561	1 . 25 . 55	68.90
Richard Mason	2 . 00 . 11	23	57	0.8316	1 . 39 . 56	59.23
Stephen Wild	2 . 15 . 50	22	54	0.8542	1 . 56 . 01	51.02
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Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	1 . 44 . 47	32	54	0.8392	1 . 27 . 56	74.89
Jill Butterworth	1 . 53 . 37	29	42	0.9551	1 . 48 . 30	60.68
Siobhan Halligan	1 . 57 . 01	28	47	0.9139	1 . 46 . 56	61.58
Jackie Mason	2 . 17 . 07	27	54	0.8392	1 . 55 . 04	57.23
Charlotte Brett	2 . 27 . 22	26	42	0.9551	2 . 20 . 44	46.79
Catherine Unwin	2 . 39 . 09	25	50	0.8828	2 . 20 . 29	46.87
Nicola Smith	2 . 42 . 07	24	40	0.9678	2 . 36 . 53	41.97
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Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Alex Frost	1 . 34 . 43	32	47	0.9071	1 . 25 . 55	68.90
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Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	1 . 37 . 05	32	53	0.8618	1 . 23 . 39	70.76
Stephen Wild	2 . 15 . 50	29	54	0.8542	1 . 56 . 01	51.02
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Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Mason	2 . 00 . 11	32	57	0.8316	1 . 39 . 56	59.23
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Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	1 . 53 . 38	32	67	0.7561	1 . 25 . 55	68.90
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 6, Rochdale Half Marathon, 23rd August 2015 - continued

Half Marathon Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	1 . 53 . 37	32	42	0.9551	1 . 48 . 30	60.68
Charlotte Brett	2 . 27 . 22	29	42	0.9551	2 . 20 . 44	46.79
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Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Siobhan Halligan	1 . 57 . 01	32	47	0.9139	1 . 46 . 56	61.58
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Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	1 . 44 . 47	32	54	0.8392	1 . 27 . 56	74.89
Jackie Mason	2 . 17 . 07	29	54	0.8392	1 . 55 . 04	57.23
Catherine Unwin	2 . 39 . 09	28	50	0.8828	2 . 20 . 29	46.87

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Rochdale Harriers & A.C. - 2015 Road Race Championship

All RHAC Results For Race 7, Littleborough 10K, 27th September 2015

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Richard Stirzaker	0 . 37 . 54	Mens			
2	David Bentley	0 . 40 . 32	Mens/MV40			
3	Nick Barton	0 . 41 . 36	Mens/MV40			
4	John Mayall	0 . 42 . 48	Mens/MV50			
5	Paul Wolstenhulme	0 . 43 . 28	Mens			
6	Mark Catherall	0 . 44 . 27	Mens/MV60+			
7	Anna Blomfield	0 . 45 . 35	Ladies/FV50			
8	Ann-Marie McGilvray	0 . 46 . 07	Ladies/FV45			
9	Matthew Jones	0 . 46 . 28	Mens			
10	Ray Dalby	0 . 49 . 25	Mens/MV60+			
11	Jill Butterworth	0 . 49 . 53	Ladies/FV40			
12	Andy O'Sullivan	0 . 50 . 07	Mens/MV60+			
13	Susie Hirst	0 . 50 . 26	Ladies/FV40			
14	Chloe Hirst	0 . 52 . 03	Ladies/U23F			
15	Julia Moore	0 . 53 . 23	Ladies/FV45			
16	Nicola Smith	1 . 02 . 13	Ladies			
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Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 7, Littleborough 10K, 27th September 2015

10 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Stirzaker	0 . 37 . 54	32	28	0.9999	0 . 37 . 53	70.85
David Bentley	0 . 40 . 32	29	44	0.9169	0 . 37 . 09	72.25
Nick Barton	0 . 41 . 36	28	40	0.9451	0 . 39 . 18	68.29
John Mayall	0 . 42 . 48	27	53	0.8536	0 . 36 . 32	73.49
Paul Wolstenhulme	0 . 43 . 28	26	38	0.9592	0 . 41 . 41	64.40
Mark Catherall	0 . 44 . 27	25	61	0.7972	0 . 35 . 26	75.77
Matthew Jones	0 . 46 . 28	24	36	0.9729	0 . 45 . 12	59.39
Ray Dalby	0 . 49 . 25	23	60	0.8043	0 . 39 . 44	67.55
Andy O'Sullivan	0 . 50 . 07	22	62	0.7902	0 . 39 . 36	67.80
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Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 45 . 35	32	54	0.8392	0 . 38 . 15	79.29
Ann-Marie McGilvray	0 . 46 . 07	29	49	0.8937	0 . 41 . 12	73.59
Jill Butterworth	0 . 49 . 53	28	42	0.9551	0 . 47 . 38	63.66
Susie Hirst	0 . 50 . 26	27	42	0.9551	0 . 48 . 10	62.97
Chloe Hirst	0 . 52 . 03	26	17	0.9788	0 . 50 . 56	59.53
Julia Moore	0 . 53 . 23	25	50	0.8828	0 . 47 . 07	64.36
Nicola Smith	1 . 02 . 13	24	40	0.9678	1 . 00 . 12	50.37
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Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
David Bentley	0 . 40 . 32	32	44	0.9169	0 . 37 . 09	72.25
Nick Barton	0 . 41 . 36	29	40	0.9451	0 . 39 . 18	68.29
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Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 42 . 48	32	53	0.8536	0 . 36 . 32	73.49
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Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mark Catherall	0 . 44 . 27	32	61	0.7972	0 . 35 . 26	75.77
Ray Dalby	0 . 49 . 25	29	60	0.8043	0 . 39 . 44	67.55
Andy O'Sullivan	0 . 50 . 07	28	62	0.7902	0 . 39 . 36	67.80

Rochdale Harriers & A.C. - 2015 Road Race Championship

Group Results For Race 7, Littleborough 10K, 27th September 2015 - continued

10 Kilometre Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 49 . 53	32	42	0.9551	0 . 47 . 38	63.66
Susie Hirst	0 . 50 . 26	29	42	0.9551	0 . 48 . 10	62.97
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Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 46 . 07	32	49	0.8937	0 . 41 . 12	73.59
Julia Moore	0 . 53 . 23	29	50	0.8828	0 . 47 . 07	64.36
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Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 45 . 35	32	54	0.8392	0 . 38 . 15	79.29
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Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
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Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chloe Hirst	0 . 52 . 03	32	17	0.9788	0 . 50 . 56	59.53
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