

Pos	Num	Name	Age	Club	Day 1	Day 2	1+2	Day3	Total
1	2	Rob Jackson	MV40	Horwich RMI	00:35:46	00:40:32	01:16:18	00:47:31	02:03:49
2	62	Phil Taylor	MV50	Rossendale	00:37:00	00:40:38	01:17:38	00:47:46	02:05:24
3	24	Ishtiaq Ahmed	SM	Birstall R.C.	00:37:01	00:40:46	01:17:47	00:52:52	02:10:39
4	51	Richard Stott	MV50	Rossendale	00:39:37	00:42:28	01:22:05	00:50:07	02:12:12
5	19	Ian Stainthorpe	MV45	Rochdale Harriers	00:38:55	00:42:43	01:21:38	00:51:00	02:12:38
6	49	Derek Wormald	MV45	Rochdale TRI	00:40:38	00:43:24	01:24:02	00:51:22	02:15:24
7	12	Nick Walsh	MV40	Rochdale Harriers	00:40:49	00:45:57	01:26:46	00:53:32	02:20:18
8	15	Kevin Fox	MV50	Rochdale Harriers	00:41:50	00:44:30	01:26:20	00:54:40	02:21:00
9	3	Andy Lee	SM	Rossendale	00:40:57	00:45:35	01:26:32	00:55:30	02:22:02
10	45	Paul Collinge	MV55	Middleton Harriers	00:41:22	00:45:20	01:26:42	00:55:49	02:22:31
11	54	Mark Caterall	MV55	Rochdale Harriers	00:42:30	00:45:16	01:27:46	00:56:00	02:23:46
12	13	Mark Walker	MV40	Rochdale Harriers	00:41:50	00:46:48	01:28:38	00:55:41	02:24:19
13	8	Jennie Ransome	LV45	Road Runners Club	00:42:46	00:45:41	01:28:27	00:57:52	02:26:19
14	27	Garry Harrison	MV40	Birstall R.C.	00:42:38	00:46:42	01:29:20	01:00:10	02:29:30
15	56	Steve Leak	MV45	Rochdale Harriers	00:44:02	00:48:37	01:32:39	00:56:57	02:29:36
16	46	Richard Wormald	MV45	U/A	00:43:25	00:47:47	01:31:12	00:58:25	02:29:37
17	10	Nigel Shaw	MV60	Rochdale Harriers	00:43:33	00:49:10	01:32:43	00:57:55	02:30:38
18	63	Allan Yeomans	MV45	Rossendale	00:43:10	00:49:30	01:32:40	00:59:29	02:32:09
19	29	Ian Wilkins	MV40	Birstall R.C.	00:43:19	00:51:13	01:34:32	00:59:34	02:34:06
20	22	Andy Baldwin	SM	Birstall R.C.	00:43:00	00:49:35	01:32:35	01:02:10	02:34:45
21	25	Steven Powell	MV40	Birstall R.C.	00:42:37	00:49:31	01:32:08	01:02:54	02:35:02
22	35	David Hesketh	MV50	Birstall R.C.	00:44:46	00:49:32	01:34:18	01:02:00	02:36:18
23	64	Karen Taylor	LV50	Rossendale	00:46:38	00:51:30	01:38:08	01:00:49	02:38:57
24	58	Ingham Russell	SM	U/A	00:45:33	00:50:38	01:36:11	01:03:07	02:39:18
25	5	Steve Hamer	MV50	Radcliffe A.C.	00:45:17	00:52:27	01:37:44	01:02:15	02:39:59
26	16	Matt Cox	MV50	Rochdale Harriers	00:45:40	00:51:20	01:37:00	01:03:52	02:40:52
27	53	Tony Steward	MV55	Calder Valley	00:47:21	00:52:34	01:39:55	01:01:26	02:41:21
28	28	Tom Burbridge	MV40	Birstall R.C.	00:46:15	00:51:54	01:38:09	01:05:03	02:43:12
29	59	Rachael Ellison	SL	Radcliffe A.C.	00:48:05	00:55:02	01:43:07	01:04:54	02:48:01
30	52	Gary Street	MV 50	Road Runners Club	00:47:27	00:53:19	01:40:46	01:07:42	02:48:28
31	20	Gareth Price	SM	Birstall R.C.	00:42:55	00:57:31	01:40:26	01:08:37	02:49:03
32	18	Anna Bloomfield	LV45	Rochdale Harriers	00:47:41	00:54:25	01:42:06	01:09:44	02:51:50
33	17	Diane Winterburn	LV40	Rochdale Harriers	00:49:33	00:54:52	01:44:25	01:07:57	02:52:22
34	48	Michael Winstanley	MV60	Rochdale Harriers	00:50:30	00:55:30	01:46:00	01:07:18	02:53:18
35	34	John Meachem	MV50	Birstall R.C.	00:49:05	00:54:42	01:43:47	01:10:29	02:54:16
36	4	Mark Emmett	MV50	Radcliffe A.C.	00:46:16	00:56:46	01:43:02	01:11:23	02:54:25
37	55	Scott Greenwood	Jnr	Rochdale Harriers	00:52:17	00:55:25	01:47:42	01:07:51	02:55:33
38	57	Yasmin Parapia	SL	Radcliffe A.C.	00:49:16	00:58:18	01:47:34	01:09:51	02:57:25
39	14	Steve Wild	MV45	Rochdale Harriers	00:47:03	00:54:08	01:41:11	01:19:09	03:00:20
40	7	James Small	SM	U/A	00:50:16	00:57:23	01:47:39	01:12:44	03:00:23
41	11	Wes Young	SM	Rochdale Harriers	00:48:01	00:55:12	01:43:13	01:17:56	03:01:09
42	33	Nick Cutts	MV45	Birstall R.C.	00:48:53	00:56:24	01:45:17	01:16:25	03:01:42
43	23	Steve Cheery	SM	Birstall R.C.	00:49:41	00:59:00	01:48:41	01:22:19	03:11:00
44	30	Dean Grimbley	MV45	Birstall R.C.	00:51:05	00:58:36	01:49:41	01:22:20	03:12:01
45	50	Eileen Royle	LV60	Radcliffe A.C.	00:54:10	01:02:58	01:57:08	01:22:23	03:19:31
46	39	John Starbuck	MV55	Birstall R.C.	00:53:44	01:03:51	01:57:35	01:22:31	03:20:06
47	41	Deryk Woods	MV60	Birstall R.C.	00:56:02	01:06:50	02:02:52	01:22:58	03:25:50
48	21	Jane White	SL	Birstall R.C.	00:58:25	01:09:30	02:07:55	01:19:59	03:27:54
49	32	John Brennan	MV45	Birstall R.C.	00:54:41	01:06:48	02:01:29	01:46:43	03:48:12
50	31	Liz Jones	LV45	Birstall R.C.	00:58:25	01:09:30	02:07:55	01:46:43	03:54:38
51	36	Alison Rowlands	LV50	Birstall R.C.	00:58:25	01:09:30	02:07:55	01:46:43	03:54:38
52	38	Matt Underwood	SM	Birstall R.C.	00:58:25	01:09:30	02:07:55	01:46:43	03:54:38
53	37	Christine Cobby	LV55	Birstall R.C.	01:01:08	01:13:57	02:15:05	01:48:17	04:03:22