

Andems Runners assisted by Rochdale Harriers present

The Mike Poulton Observer Fun Run Reunion Road & Trail Race

(UK Athletics Rules. Permit Applied for)

On 7pm Wednesday 26th July 2006 from the Falcon Inn, Church Street,
Littleborough. (A58 Halifax Rd)

Andems Runners are pleased to stage the **Rochdale Observer Fun Run 25th Anniversary 5 Mile Road & Trail race in aid of Multiple Sclerosis (David Aspinall's NYMF) & CO-CP UK. Mike Poulton founded this race in 1982 and brought many people into Running!! FULL EXTENSIVE PRIZE LIST!!!**

Entry Fee £3.50 to club Runners and £5.50 to U/A plus £1.00 extra on day Fee to include free refreshments and Orange juice. Cheques payable **Andems Runners MSR** to Andy O'Sullivan MBE, 40 Crowshaw Drive, Rochdale OL12 OSR. Tel enqs on (01706) 750620

Very Scenic Moorland course with Uphill climb on Road and trail and similar downhill finish. **Allow 5 minutes to Start!!**

Name.....Age..... Sex.....

Club (If Any)..... UK Athletics Reg No.....

Address.....

Tel No.....

I accept that the Organisers cannot be held responsible for any loss, injury or damage incurred before, during or after the race. I am physically fit and am an amateur as defined by UK Athletics rules.

.....signed.....dated (By Parent if U/18)

(downloaded form www.rochdaleharriers.co.uk)