

LOCAL CLUBS FELL RACE GRAND PRI X 2006 (any 5 from 9 to count)
(Middleton, Rochdale, Radcliffe and Rossendale Harriers)

DAY	DATE	RACE NAME	CATEGORY	START TIME	DISTANCE CLIMB	VENUE	ENTRY FEE	DETAILS	COMMENTS
Tues	Mar 28	Liver Hill	BS	7.00pm	5m/800'	Marl Pitts Rawtenstall	FREE!!	Graham Wright 01706 224444	Celebrate "1 st night on the fells"
Sat	April 8	Wardle Skyline	BM	2.00pm	7m/1000'	Wardle Square	£3 on day only	Nigel Allen 01706 371373	Popular local race – dummy finish!
Mon	May 1st	Cragg Vale	CS	12.00 noon	4m/720'	Cragg Vale Nr Church	£3.00 on day only	Jackie Scarf 01422 882555	Fete, bouncy castle, bacon butties etc, Maypole dancing
Sun	May 14th	Mytholmroyd	BM	11.30am	7m/1350	Mytholmroyd Community Centre	£3.00 on day only	Linda Crabtree 01274 816517	Haven't done this before – bound to be a good un
Sun	June 4th	Saddleworth	AS	12 noon	3m/950'	Tanners Mill	£3.00 on day only	Sue Ratcliffe 01457 836130	Really good course for a shortie
Tues	June 13th	Waugh's Well	AS	7.15pm	4m/1000'	Bleakholt animal sanctuary	£3.00 on day only	Cath Hignett 01706 824097	Half mile walk to start – good for descenders
Sun	July 23rd	Coniston Fair Kids sports, sheep show, wrestling, beer tent etc	AM	2.00pm	6m 2400'	Coniston Hall Cumbria	£5.00 entry to Fair – race free	David Robinson 015394 37360	Weekend away – Coniston or Prague! If going book accommodation asap
Thurs	Sept 7 th	Hades Hill	BS	6.45pm	5m/1200'	Taylor St Whitworth	£2.00 on day only	Derek Clutterbuck 01706 344630	Last evening race of season – good run on local hills
Sat	Oct 7th	Autumn Leaves	CM	11.00am	10m/1700'	Kiln Green church Diggle	£3.00 on day only	Howard Chambers 01706 358632	Also cake competition – eat all you want after race!!

The above races have been hand picked by a panel of experts for the club championship and the Local Fell Grand Prix involving Middleton, Radcliffe, Rochdale and Rossendale Harriers. They all have marked courses, many have nice additional features like special events, "chip butties" etc. are varied in category and length and the majority are promoted by friendly local clubs.

Fell Racing Safety:

Certain Rules may apply with all events, these are mostly determined by the weather conditions at the time of the race. All competitors are requested to have on hand, at each event, full body protective clothing, whistle, map of the area, compass, and emergency food, ie Mars bar or the like. It is a rare occasion to use the equipment on these marked local races but carrying them gives confidence and we are all in the same boat.