

Rochdale Harriers & A.C.
Littleborough Lions 5k, Rochdale
30th August 2005

Posn	Name	Cat	Time	Pace (min.sec/ml)
1			16.16	5.13
8	James Leach	SM	18.16	5.51
21	Mark Widdup	MV 40	20.04	6.28
24	Mark Walker	SM	20.22	6.31
38	Huma Rahman	FV 35	21.27	6.52
44	Dave Schofield	MV 55	21.47	6.56
54	Anna Blomfield	FV 40	22.16	7.09
74	Lesley Rhodes	FV 35	24.28	7.50
76	Emma Cooper	JF	24.44	7.53
77	Robyn Oakes	JF	24.49	7.54
80	Diane Winterburn	FV 35	24.58	7.56
81	Christine Deasey	FV 40	25.05	8.05
87	Linda Riddall	FV 50	25.53	8.14
100	Joanne Astridge	FV 40	27.13	8.45

(129 Finishers. Pace approximate)