

XC 2005 showing % pace compared to winner

(only shown for athletes completing at least 2 Red Rose XC races)

Red Rose League

Name	Bury	Hyndburn	Astley	Average
Winner	100.00	100.00	100.00	100.00
Mat Proctor	94.42	88.05	93.25	91.91
James Herbert	86.25	85.62		85.93
Huma Rahman	85.65	80.94		83.30
Ian Stainthorpe	82.91	81.63	82.91	82.48
Chris Leach	81.75	80.36	82.50	81.54
Jan Needham	83.01		79.94	81.47
Ian Roberts	78.48	76.80	79.20	78.16
Ray Dalby	80.15	73.68	77.95	77.26
Mark Catherall	75.21	75.92	79.31	76.81
Nigel Shaw	76.65		76.74	76.65
Mark Widdup	73.67	72.20	76.26	74.04
Dave Schofield	71.57	70.83	70.68	71.03
Ian Leach	69.45	67.61	69.83	68.96
John Mayall	69.77	66.92	67.43	68.04
Christine Deasey	72.20	68.06	63.80	68.02
Phil Roberts	67.63	65.10	68.64	67.12
Duncan Whitehead	67.03	66.36		66.69
Brenda Robinson	68.70	62.56	64.26	65.17
Kath Allison	61.65	66.61		64.13
Tracie Smith		56.93	61.28	59.10
Jackie Leek		56.79	60.62	58.70
Anna Blomfield	81.26			0.00
Clive Conway		75.06		0.00
J Hutchinson			61.86	0.00
James Leach	82.65			0.00
John Purdy				0.00
Kevin Edge	79.31			0.00
Linda Riddall	70.03			0.00
Mark Walker				0.00
Melody Thompson		51.59		0.00
Mike Moran	75.78			0.00
Phil Williams				0.00
Steve Leek		71.85		0.00
Kris Robinson			86.04	0.00
M O'Reilly			73.05	0.00

Notes based on RR: 1) Mark Catherall showing most consistent improvement
2) Strong improvements from Kath Allison, Tracie Smith, Jackie Leek and Mark Widdup