

Rochdale Harriers & A.C.
Trafford 10K
11th September 2005

Posn	Name	Cat	Time	Pace (min.sec/ml)
1			30.06	4.51
172	John Mayall	M40	45.11	7.17
251	Barry Preece	M45	51.52	8.19

(306 Finishers. Pace approximate)

