

**NORTH OF ENGLAND TRACK AND FIELD LEAGUE.
4TH JUNE 2005. SPORTS CITY.**

Overall results:	Leeds	422 points
	Bury	421.5
	Rochdale	385
	Halifax	312
	Manchester	310
	Burnley	302
	Chorley	198.5
	Horwich	30

Results for members of Rochdale Harriers & A.C. (courtesy of Brenda Robinson):

Women's match:

Long jump	Linda Evans 4.40	Lisa Riddall 4.07
400 hurdles	Lisa Riddall 84.4	
800 metres	Linda Riddall 3.20.2	Brenda Robinson 3.25.8
100 metres	Linda Evans 14.2	Anna Blomfield 17.7
Shot	Linda Riddall 5.94	Janet Proctor 5.24
3000 metres	Jan Needham 12.16.9	Anna Blomfield 12.45.2
Triple Jump	Lisa Riddall 7.95	
High Jump	Linda Evans 1.27	Lisa Riddall 1.24
400 metres	Sarah Lucas 59.1	Lisa Riddall 88.6
1500 metres	Jan Needham 5.54.4	Anna Blomfield 6.05.6
200 metres	Sarah Lucas 27.2	Anna Blomfield 33.00
Discus	Janet Proctor 16.10	Linda Riddall 10.34
4 x 100	3rd team 59.8	
4 x 400	3rd team 5.31.1	
Javelin	Janet Proctor 11.33	Brenda Robinson 9.87

Men's match:

400 hurdles	R. Banjac 56.1	Kris Robinson 77.5
800 metres	Lance Rane 2.02.4	Phil Williams 2.03.2
100 metres	Matt Proctor 12.9	Mark Smith 17.6
Hammer	Ray Dalby 12.73	Phil Roberts 11.03
3000 s/c	Kris Robinson 11.32.8	
Discus	Mark Smith 22.64	Steve Clancy 20.94
400 metres	R. Banjac 51.1	Lance Rain 54.6
1500 metres	Phil Williams 4.12.9	Matt Proctor 4.22.2
200 metres	Steve Clancy 31.0	Mark Walker 33.8
Shot	Ray Dalby 6.89	Steve Clancy 6.88
5000 metres	Chris Leach 17.34	Clive Conway 19.16.3
4 x 100	5th team in 53.3	
High jump	Matt Proctor 1.55	Mark Smith 1.30
4 x 400	1st team in 3.29.8	
Javelin	Mark Smith 31.34	Ray Dalby 24.55
Long jump	R. Banjac 4.35	