

2003 ROCHDALE 10K ROAD RACE(results courtesy of John Schofield at www.ukresults.net)

| Pos | Num | M | F | Name | Cat | CatPos | Club | Pace per Km / Mile | Time |
|-----|-----|----|---|-------------------|-----|---------|--------------------------|--------------------|-------|
| 1 | 225 | 1 | | Tomas Abyu | M | (1/58) | Salford Harriers + AC | 03.06/04.59 | 31.00 |
| 2 | 184 | 2 | | Ken Chapman | M | (2/58) | Salford Harriers + AC | 03.16/05.16 | 32.41 |
| 3 | 243 | 3 | | David Lockett | M | (3/58) | Salford Harriers + AC | 03.19/05.20 | 33.11 |
| 4 | 183 | 4 | | Christopher Smale | M | (4/58) | Kingston-upon-Hull AC | 03.22/05.25 | 33.41 |
| 5 | 141 | 5 | | Robert Jackson | M | (5/58) | Horwich RMI Harriers | 03.25/05.30 | 34.10 |
| 6 | 226 | 6 | | James Kovacs | M | (6/58) | Salford Harriers + AC | 03.26/05.32 | 34.25 |
| 7 | 176 | 7 | | Wajib Ali | MJ | (1/3) | Rochdale Harriers | 03.27/05.34 | 34.33 |
| 8 | 167 | 8 | | Owen R. Flage | M | (7/58) | Oldham + Royton Harriers | 03.29/05.36 | 34.47 |
| 9 | 237 | 9 | | Trevor Davies | M | (8/58) | Oldham + Royton Harriers | 03.29/05.37 | 34.53 |
| 10 | 197 | 10 | | Craig Wolfenden | M | (9/58) | Rossendale Harriers | 03.30/05.38 | 35.02 |
| 11 | 210 | 11 | | Timothy Gibson | M | (10/58) | Lytham St Annes RR | 03.30/05.39 | 35.05 |
| 12 | 212 | 12 | | Graham Chesters | M40 | (1/22) | Middleton Harriers | 03.36/05.47 | 35.59 |
| 13 | 236 | 13 | | Andrew Gibson | MJ | (2/3) | Oldham + Royton Harriers | 03.37/05.49 | 36.10 |
| 14 | 173 | 14 | | Adrian Harris | M45 | (1/30) | Radcliffe AC | 03.39/05.53 | 36.34 |
| 15 | 244 | 15 | | Danny Appleby | M | (11/58) | Radcliffe AC | 03.40/05.53 | 36.36 |
| 16 | 213 | 16 | | Mick Flatley | M | (12/58) | Middleton Harriers | 03.40/05.54 | 36.41 |
| 17 | 209 | 17 | | Brent Hoggan | M | (13/58) | Accrington Road Runners | 03.46/06.03 | 37.37 |
| 18 | 234 | 18 | | Paul Brannigan | M | (14/58) | Todmorden Harriers | 03.46/06.04 | 37.41 |
| 19 | 202 | 19 | | Peter White | M50 | (1/21) | Salford Harriers + AC | 03.46/06.04 | 37.42 |
| 20 | 195 | 20 | | David Burke | M50 | (2/21) | Unattached | 03.47/06.05 | 37.47 |
| 21 | 198 | 21 | | Tony Flanagan | M | (15/58) | Unattached | 03.47/06.06 | 37.54 |
| 22 | 677 | 22 | | Chris Forde | M40 | (2/22) | Trans Pennine CC | 03.49/06.08 | 38.08 |
| 23 | 182 | 23 | | Paul Sinnott | M45 | (2/30) | Northern Vets AC | 03.49/06.09 | 38.12 |
| 24 | 675 | 24 | | John Reilly | M50 | (3/21) | Middleton Harriers | 03.50/06.10 | 38.17 |
| 25 | 676 | 25 | | Chris Leach | M40 | (3/22) | Rochdale Harriers | 03.50/06.11 | 38.24 |
| 26 | 190 | 26 | | Garry Greaves | M45 | (3/30) | Northern Vets AC | 03.51/06.11 | 38.26 |
| 27 | 160 | 27 | | Ian Stainthorpe | M40 | (4/22) | Rochdale Harriers | 03.51/06.12 | 38.32 |
| 28 | 208 | 28 | | Paul McNamara | M | (16/58) | Salford Harriers + AC | 03.52/06.13 | 38.35 |

John Schofield - Race Results Service

| | | | | | | | | | |
|----|-----|----|---|--------------------|-----|---------|---------------------------|-------------|-------|
| 29 | 266 | 29 | | Bernard Cassidy | M40 | (5/22) | Unattached | 03.52/06.14 | 38.45 |
| 30 | 230 | 30 | | Matthew Davis | M | (17/58) | Holmfirth Harriers | 03.53/06.15 | 38.50 |
| 31 | 271 | 31 | | Dave Collins | M45 | (4/30) | Todmorden Harriers | 03.54/06.16 | 38.57 |
| 32 | 235 | 32 | | Rob Ingham | MJ | (3/3) | Oldham + Royton Harriers | 03.54/06.17 | 39.02 |
| 33 | 121 | 33 | | John Moorhouse | M45 | (5/30) | Meltham AC | 03.54/06.17 | 39.03 |
| 34 | 218 | 34 | | Martin Brady | M40 | (6/22) | Clayton le Moors Harriers | 03.55/06.18 | 39.07 |
| 35 | 287 | 35 | | Robert Fairbanks | M | (18/58) | Unattached | 03.55/06.18 | 39.10 |
| 36 | 671 | 36 | | Jerry Dodd | M45 | (6/30) | Todmorden Harriers | 03.55/06.19 | 39.12 |
| 37 | 240 | 37 | | Michael Howard | M40 | (7/22) | Radcliffe AC | 03.56/06.19 | 39.16 |
| 38 | 248 | 38 | | Andrew Whitehead | M | (19/58) | Oldham + Royton Harriers | 03.57/06.21 | 39.26 |
| 39 | 242 | 39 | | Duncan Ritchie | M | (20/58) | Todmorden Harriers | 03.57/06.21 | 39.30 |
| 40 | 186 | 40 | | Keith Parkinson | M45 | (7/30) | Todmorden Harriers | 04.00/06.26 | 39.56 |
| 41 | 251 | 41 | | Bryan Lawton | M | (21/58) | Oldham + Royton Harriers | 04.02/06.29 | 40.15 |
| 42 | 215 | 42 | | Mark Catherall | M45 | (8/30) | Rochdale Harriers | 04.02/06.29 | 40.20 |
| 43 | 194 | 43 | | Tony Davies | M40 | (8/22) | Radcliffe AC | 04.02/06.30 | 40.22 |
| 44 | 222 | 44 | | Alan Clarkson | M45 | (9/30) | Clayton le Moors Harriers | 04.02/06.30 | 40.23 |
| 45 | 165 | 45 | | Ken Rishton | M50 | (4/21) | Accrington Road Runners | 04.02/06.30 | 40.24 |
| 46 | 201 | 46 | | Bernard Goodwin | M | (22/58) | Unattached | 04.03/06.31 | 40.31 |
| 47 | 270 | 47 | | Tony Holt | M40 | (9/22) | Radcliffe AC | 04.03/06.32 | 40.34 |
| 48 | 131 | 48 | | Andrew le Poidevin | M | (23/58) | Unattached | 04.04/06.32 | 40.36 |
| 49 | 158 | 49 | | Nigel Shaw | M50 | (5/21) | Rochdale Harriers | 04.04/06.32 | 40.38 |
| 50 | 231 | 50 | | Brian Moore | M | (24/58) | Unattached | 04.04/06.33 | 40.42 |
| 51 | 170 | 51 | | Peter Dean | M40 | (10/22) | Middleton Harriers | 04.04/06.33 | 40.45 |
| 52 | 200 | 52 | | John Williamson | M | (25/58) | Unattached | 04.05/06.34 | 40.50 |
| 53 | 161 | 53 | | Ray Dalby | M45 | (10/30) | Rochdale Harriers | 04.05/06.34 | 40.51 |
| 54 | 286 | 54 | | David Bartlett | M | (26/58) | Radcliffe AC | 04.06/06.36 | 40.59 |
| 55 | 128 | 55 | | Malcolm Cooper | M | (27/58) | Unattached | 04.06/06.36 | 41.02 |
| 56 | 272 | 56 | | Richard Blakeley | M60 | (1/9) | Todmorden Harriers | 04.06/06.36 | 41.03 |
| 57 | 289 | 57 | | John Kane | M50 | (6/21) | Oldham + Royton Harriers | 04.08/06.39 | 41.17 |
| 58 | 115 | 58 | | Ian Holloway | M50 | (7/21) | Unattached | 04.08/06.39 | 41.19 |
| 59 | 199 | | 1 | Lindsay Hudson | F | (1/19) | Clayton le Moors Harriers | 04.08/06.39 | 41.20 |
| 60 | 247 | 59 | | Alan Garvey | M45 | (11/30) | Middleton Harriers | 04.08/06.39 | 41.21 |
| 61 | 154 | 60 | | James Troisi | M | (28/58) | Unattached | 04.08/06.39 | 41.22 |

John Schofield - Race Results Service

| | | | | | | | | | |
|----|-----|----|---|--------------------|-----|---------|--------------------------|-------------|-------|
| 62 | 132 | 61 | | James Sullivan | M | (29/58) | Unattached | 04.08/06.39 | 41.22 |
| 63 | 138 | 62 | | Simon Galloway | M | (30/58) | Todmorden Harriers | 04.08/06.40 | 41.23 |
| 64 | 690 | 63 | | Pat Read | M40 | (11/22) | Headington Running Club | 04.09/06.40 | 41.27 |
| 65 | 205 | 64 | | Tom Daniels | M55 | (1/5) | Salford Harriers + AC | 04.10/06.42 | 41.36 |
| 66 | 219 | 65 | | Alec Steele | M50 | (8/21) | Radcliffe AC | 04.10/06.42 | 41.40 |
| 67 | 185 | 66 | | Mark Emmett | M45 | (12/30) | Radcliffe AC | 04.12/06.45 | 41.57 |
| 68 | 299 | 67 | | Paul Pover | M50 | (9/21) | Northern Vets AC | 04.12/06.46 | 42.04 |
| 69 | 693 | 68 | | Roland Bowness | M55 | (2/5) | Salford Harriers + AC | 04.13/06.47 | 42.08 |
| 70 | 259 | 69 | | Kevin Booth | M | (31/58) | Todmorden Harriers | 04.13/06.47 | 42.12 |
| 71 | 191 | 70 | | Jeff Cordwick | M50 | (10/21) | Unattached | 04.14/06.49 | 42.20 |
| 72 | 129 | 71 | | Mark Preston | M40 | (12/22) | Stainland Lions | 04.15/06.51 | 42.32 |
| 73 | 180 | 72 | | Sidney Sacks | M60 | (2/9) | Salford Harriers + AC | 04.16/06.51 | 42.35 |
| 74 | 264 | 73 | | Colin Kerron | M | (32/58) | Rossendale Harriers | 04.16/06.52 | 42.39 |
| 75 | 193 | 74 | | Trevor Grundy | M60 | (3/9) | Unattached | 04.16/06.52 | 42.41 |
| 76 | 685 | 75 | | Ben Crowther | M | (33/58) | Todmorden Harriers | 04.16/06.53 | 42.44 |
| 77 | 188 | | 2 | Samantha Crofts | F | (2/19) | Accrington Road Runners | 04.16/06.53 | 42.45 |
| 78 | 177 | | 3 | Carol Willgoose | F45 | (1/4) | Halifax Harriers | 04.17/06.53 | 42.49 |
| 79 | 214 | | 4 | Carole Waterhouse | F35 | (1/14) | Halifax Harriers | 04.18/06.56 | 43.03 |
| 80 | 273 | 76 | | Steven Shaw | M45 | (13/30) | Unattached | 04.19/06.56 | 43.07 |
| 81 | 268 | 77 | | Steve Elliott | M | (34/58) | Unattached | 04.19/06.57 | 43.14 |
| 82 | 152 | 78 | | Neal Prestage | M | (35/58) | Rochdale Tri Club | 04.20/06.58 | 43.15 |
| 83 | 179 | 79 | | Gerard Navan | M60 | (4/9) | Rossendale Harriers | 04.21/07.01 | 43.33 |
| 84 | 181 | 80 | | Alan Smith | M | (36/58) | Trans Pennine CC | 04.21/07.01 | 43.34 |
| 85 | 238 | 81 | | William Murgatroyd | M50 | (11/21) | Unattached | 04.22/07.02 | 43.40 |
| 86 | 282 | 82 | | Andrew Skidmore | M | (37/58) | Unattached | 04.22/07.02 | 43.41 |
| 87 | 159 | 83 | | Mike Sadula | M50 | (12/21) | Rochdale Harriers | 04.22/07.02 | 43.44 |
| 88 | 278 | 84 | | Steve Hamer | M45 | (14/30) | Radcliffe AC | 04.24/07.04 | 43.56 |
| 89 | 168 | 85 | | Mark Jackson | M | (38/58) | Radcliffe AC | 04.24/07.05 | 43.58 |
| 90 | 149 | 86 | | Colin McDonagh | M40 | (13/22) | Radcliffe AC | 04.24/07.05 | 44.00 |
| 91 | 164 | | 5 | Vanessa Hamlet | F | (3/19) | Rossendale Harriers | 04.25/07.06 | 44.07 |
| 92 | 118 | 87 | | Steve Mansfield | M40 | (14/22) | Unattached | 04.25/07.07 | 44.12 |
| 93 | 263 | 88 | | Phil Hodgson | M45 | (15/30) | Todmorden Harriers | 04.27/07.10 | 44.29 |
| 94 | 674 | | 6 | Shiela Jane Waite | F35 | (2/14) | Saddleworth Runners Club | 04.28/07.11 | 44.36 |
| 95 | 204 | 89 | | Colin Duffield | M | (39/58) | Todmorden Harriers | 04.28/07.11 | 44.41 |
| 96 | 112 | 90 | | Ian Park | M | (40/58) | Unattached | 04.30/07.15 | 45.05 |

John Schofield - Race Results Service

| | | | | | | | | | |
|-----|-----|-----|----|---------------------|-----|---------|---------------------------|-------------|-------|
| 97 | 113 | 91 | | Tim Hughes | M | (41/58) | Unattached | 04.30/07.15 | 45.05 |
| 98 | 139 | | 7 | Nicola Wood | F | (4/19) | Accrington Road Runners | 04.31/07.16 | 45.07 |
| 99 | 293 | 92 | | John Griffin | M45 | (16/30) | Bury AC | 04.31/07.16 | 45.11 |
| 100 | 175 | 93 | | Kenneth Warburton | M50 | (13/21) | Unattached | 04.31/07.17 | 45.13 |
| 101 | 169 | 94 | | Peter Sharp | M60 | (5/9) | Bingley Harriers | 04.32/07.17 | 45.15 |
| 102 | 279 | 95 | | Graham Morris | M | (42/58) | Unattached | 04.32/07.17 | 45.18 |
| 103 | 136 | 96 | | David Lovell | M | (43/58) | Unattached | 04.32/07.18 | 45.20 |
| 104 | 224 | | 8 | Gerry Dewhurst | F | (5/19) | Radcliffe AC | 04.32/07.18 | 45.22 |
| 105 | 127 | | 9 | Karen Kelly | F | (6/19) | Unattached | 04.33/07.19 | 45.26 |
| 106 | 285 | 97 | | Paul Jackson | M50 | (14/21) | Accrington Road Runners | 04.33/07.19 | 45.27 |
| 107 | 680 | | 10 | Jane Smith | F45 | (2/4) | Todmorden Harriers | 04.33/07.19 | 45.29 |
| 108 | 249 | 98 | | John Page | M50 | (15/21) | Todmorden Harriers | 04.33/07.20 | 45.32 |
| 109 | 679 | 99 | | Richard Leonard | M40 | (15/22) | Todmorden Harriers | 04.33/07.20 | 45.34 |
| 110 | 221 | 100 | | Jim Sutcliffe | M | (44/58) | Radcliffe AC | 04.34/07.20 | 45.35 |
| 111 | 262 | 101 | | Stephen Senior | M45 | (17/30) | Middleton Harriers | 04.34/07.20 | 45.36 |
| 112 | 245 | | 11 | Carly Hancock | F | (7/19) | Radcliffe AC | 04.34/07.21 | 45.39 |
| 113 | 133 | | 12 | Julie Dormer | F35 | (3/14) | Altrincham + Dist. AC | 04.34/07.21 | 45.43 |
| 114 | 265 | | 13 | Julie Holden | F | (8/19) | Rosendale Harriers | 04.34/07.22 | 45.45 |
| 115 | 256 | 102 | | Michael Buck | M55 | (3/5) | Middleton Harriers | 04.35/07.22 | 45.49 |
| 116 | 187 | | 14 | Sue Exon | F50 | (1/5) | Trafford AC | 04.35/07.23 | 45.51 |
| 117 | 688 | | 15 | Kyrinda Hurst-Moore | F35 | (4/14) | Middleton Harriers | 04.35/07.23 | 45.53 |
| 118 | 678 | | 16 | Gay Leary | F50 | (2/5) | Halifax Harriers | 04.36/07.24 | 45.58 |
| 119 | 223 | 103 | | Nigel Hanson | M45 | (18/30) | Todmorden Harriers | 04.37/07.25 | 46.06 |
| 120 | 196 | 104 | | Tom Temple | M45 | (19/30) | Middleton Harriers | 04.38/07.28 | 46.25 |
| 121 | 281 | 105 | | Thomas Battrick | M45 | (20/30) | Accrington Road Runners | 04.40/07.30 | 46.39 |
| 122 | 153 | | 17 | Juli Keys | F35 | (5/14) | Rosendale Harriers | 04.40/07.31 | 46.45 |
| 123 | 260 | 106 | | David Wilson | M45 | (21/30) | Todmorden Harriers | 04.41/07.32 | 46.47 |
| 124 | 255 | 107 | | Robert Williams | M45 | (22/30) | Middleton Harriers | 04.41/07.33 | 46.54 |
| 125 | 269 | 108 | | Steve Brown | M45 | (23/30) | Halifax Harriers | 04.42/07.33 | 46.55 |
| 126 | 694 | 109 | | Steven Higginbottom | M | (45/58) | Radcliffe AC | 04.42/07.33 | 46.56 |
| 127 | 233 | 110 | | Adrian Bowcock | M40 | (16/22) | Middleton Harriers | 04.43/07.36 | 47.14 |
| 128 | 143 | | 18 | Julia Hartley | F | (9/19) | Accrington Road Runners | 04.44/07.37 | 47.18 |
| 129 | 162 | 111 | | Sean Lonergan | M45 | (24/30) | Spa Striders (Leamington) | 04.44/07.38 | 47.23 |
| | | | | Kathleen | | | | | |

John Schofield - Race Results Service

| | | | | | | | | | |
|-----|-----|-----|----|--------------------|-----|---------|---------------------------|-------------|-------|
| 130 | 163 | | 19 | Kathleen Brierley | F40 | (1/8) | Todmorden Harriers | 04.46/07.39 | 47.35 |
| 131 | 261 | | 20 | Mandy Goth | F40 | (2/8) | Todmorden Harriers | 04.46/07.40 | 47.37 |
| 132 | 227 | 112 | | David ONeill | M45 | (25/30) | Todmorden Harriers | 04.46/07.40 | 47.38 |
| 133 | 147 | 113 | | David Sinnott | M50 | (16/21) | Northern Vets AC | 04.46/07.40 | 47.40 |
| 134 | 189 | 114 | | Tom West | M60 | (6/9) | Radcliffe AC | 04.47/07.42 | 47.48 |
| 135 | 277 | 115 | | John Mayall | M40 | (17/22) | Unattached | 04.48/07.44 | 48.05 |
| 136 | 280 | | 21 | Carole Morris | F35 | (6/14) | Accrington Road Runners | 04.49/07.45 | 48.10 |
| 137 | 672 | 116 | | John Hannan | M | (46/58) | Unattached | 04.49/07.45 | 48.11 |
| 138 | 122 | 117 | | Nigel Whyatt | M45 | (26/30) | Unattached | 04.50/07.47 | 48.22 |
| 139 | 239 | 118 | | Anthony Melia | M | (47/58) | Middleton Harriers | 04.51/07.48 | 48.26 |
| 140 | 686 | 119 | | Mark Shepherd | M | (48/58) | Unattached | 04.51/07.48 | 48.27 |
| 141 | 140 | | 22 | Louise Gilchrist | F70 | (1/1) | Middleton Harriers | 04.51/07.49 | 48.32 |
| 142 | 291 | | 23 | Sandra Cotterill | F35 | (7/14) | Andems Runners | 04.52/07.49 | 48.36 |
| 143 | 295 | 120 | | Anthony Kane | M50 | (17/21) | Greater Manchester Police | 04.52/07.50 | 48.43 |
| 144 | 172 | 121 | | Francis Richardson | M55 | (4/5) | Todmorden Harriers | 04.54/07.52 | 48.56 |
| 145 | 111 | 122 | | Jim Sayer | M40 | (18/22) | GMC Fire Service | 04.56/07.56 | 49.15 |
| 146 | 220 | 123 | | Derek Clutterbuck | M70 | (1/2) | Rochdale Harriers | 04.58/08.00 | 49.44 |
| 147 | 296 | 124 | | David Freer | M | (49/58) | Unattached | 04.59/08.01 | 49.50 |
| 148 | 216 | 125 | | Peter Collinge | M | (50/58) | Unattached | 04.59/08.02 | 49.52 |
| 149 | 228 | 126 | | Michael Tunstall | M | (51/58) | Unattached | 05.00/08.02 | 49.56 |
| 150 | 229 | 127 | | Andrew Weston | M | (52/58) | Unattached | 05.00/08.02 | 49.56 |
| 151 | 689 | | 24 | Caroline McManus | F | (10/19) | Todmorden Harriers | 05.00/08.03 | 49.59 |
| 152 | 203 | | 25 | Claire Duffield | F | (11/19) | Todmorden Harriers | 05.00/08.03 | 50.00 |
| 153 | 283 | 128 | | David Mallaby | M40 | (19/22) | Accrington Road Runners | 05.02/08.05 | 50.16 |
| 154 | 681 | 129 | | Peter Marsh | M50 | (18/21) | Swinton Running Club | 05.02/08.06 | 50.17 |
| 155 | 288 | 130 | | Andrew Cotterill | M | (53/58) | Andems Runners | 05.02/08.06 | 50.18 |
| 156 | 211 | 131 | | David Dickson | M60 | (7/9) | Rosendale Harriers | 05.03/08.07 | 50.27 |
| 157 | 146 | 132 | | Adam Kasprowicz | M | (54/58) | Unattached | 05.04/08.09 | 50.40 |
| 158 | 145 | 133 | | Tom Kasprowicz | M | (55/58) | Road Runners Club GB | 05.04/08.09 | 50.40 |
| 159 | 684 | | 26 | Christine Stanhope | F | (12/19) | Middleton Harriers | 05.04/08.10 | 50.43 |
| 160 | 174 | 134 | | Peter Stals | M45 | (27/30) | Unattached | 05.05/08.10 | 50.47 |

Accrington Road

John Schofield - Race Results Service

| | | | | | | | | | |
|-----|-----|-----|----|--------------------|-----|---------|--------------------------|-------------|-------|
| 161 | 144 | | 27 | Jill Heyes | F35 | (8/14) | Accrington Road Runners | 05.05/08.11 | 50.48 |
| 162 | 298 | 135 | | Craig Stanfield | M45 | (28/30) | Unattached | 05.06/08.12 | 51.00 |
| 163 | 142 | | 28 | Kim Lowes | F40 | (3/8) | Accrington Road Runners | 05.06/08.13 | 51.02 |
| 164 | 267 | | 29 | Tracy Ireland | F35 | (9/14) | Rossendale Harriers | 05.07/08.13 | 51.06 |
| 165 | 135 | 136 | | David Parrish | M45 | (29/30) | Unattached | 05.07/08.14 | 51.12 |
| 166 | 150 | | 30 | Linda McDonagh | F40 | (4/8) | Radcliffe AC | 05.09/08.17 | 51.27 |
| 167 | 673 | | 31 | Hazel Mrozek | F35 | (10/14) | Unattached | 05.13/08.24 | 52.13 |
| 168 | 692 | | 32 | Carole Bowness | F50 | (3/5) | Middleton Harriers | 05.14/08.25 | 52.16 |
| 169 | 241 | 137 | | Dave Kite | M50 | (19/21) | Todmorden Harriers | 05.14/08.25 | 52.21 |
| 170 | 275 | | 33 | Jane Butterworth | F35 | (11/14) | Unattached | 05.14/08.26 | 52.23 |
| 171 | 274 | 138 | | Darren Butterworth | M40 | (20/22) | Unattached | 05.14/08.26 | 52.24 |
| 172 | 206 | | 34 | Moyra Parfitt | F55 | (1/4) | Todmorden Harriers | 05.15/08.26 | 52.27 |
| 173 | 294 | 139 | | Mark Taylor | M40 | (21/22) | Unattached | 05.18/08.31 | 52.57 |
| 174 | 250 | | 35 | Gillian Whelan | F35 | (12/14) | Radcliffe AC | 05.18/08.32 | 53.00 |
| 175 | 695 | 140 | | Barry Preece | M40 | (22/22) | Rochdale Harriers | 05.18/08.32 | 53.04 |
| 176 | 148 | | 36 | Eileen Royle | F55 | (2/4) | Radcliffe AC | 05.19/08.34 | 53.14 |
| 177 | 116 | | 37 | Helen Russell | F | (13/19) | Todmorden Harriers | 05.20/08.36 | 53.25 |
| 178 | 207 | | 38 | Linda Riddall | F50 | (4/5) | Fell Runners Association | 05.22/08.39 | 53.44 |
| 179 | 252 | 141 | | Iain Harris | M50 | (20/21) | Radcliffe AC | 05.24/08.42 | 54.04 |
| 180 | 156 | | 39 | Sharon Stempien | F | (14/19) | Unattached | 05.25/08.43 | 54.10 |
| 181 | 178 | | 40 | Christine Navan | F55 | (3/4) | Rossendale Harriers | 05.26/08.44 | 54.15 |
| 182 | 134 | 142 | | Philip Hobbs | M | (56/58) | Unattached | 05.27/08.46 | 54.26 |
| 183 | 254 | 143 | | John Mason | M60 | (8/9) | Ayrodynamic Tri Club | 05.29/08.50 | 54.54 |
| 184 | 232 | | 41 | Glenda Garry | F40 | (5/8) | Radcliffe AC | 05.30/08.51 | 54.58 |
| 185 | 284 | | 42 | Karen Jackson | F45 | (3/4) | Accrington Road Runners | 05.33/08.56 | 55.31 |
| 186 | 192 | 144 | | Ray Shaw | M60 | (9/9) | Unattached | 05.34/08.58 | 55.43 |
| 187 | 290 | | 43 | Patricia Collier | F55 | (4/4) | Todmorden Harriers | 05.35/09.00 | 55.53 |
| 188 | 119 | 145 | | Philip Grogan | M | (57/58) | Unattached | 05.39/09.06 | 56.32 |
| 189 | 171 | | 44 | Julie Laverock | F35 | (13/14) | Salford Harriers + AC | 05.40/09.07 | 56.40 |
| 190 | 276 | 146 | | Stuart Willis | M50 | (21/21) | Unattached | 05.41/09.08 | 56.48 |
| 191 | 166 | | 45 | Gill Sheilds | F35 | (14/14) | Unattached | 05.44/09.13 | 57.18 |
| 192 | 246 | | 46 | Tanya Kitchen | F | (15/19) | Radcliffe AC | 05.53/09.29 | 58.54 |
| 193 | 297 | | 47 | Marie Mycock | F45 | (4/4) | Radcliffe AC | 05.53/09.29 | 58.54 |
| 194 | 682 | | 48 | Linda Rhodes | F50 | (5/5) | Middleton Harriers | 05.56/09.32 | 59.15 |
| 195 | 683 | | 49 | Allyson Brett | F40 | (6/8) | Unattached | 05.57/09.35 | 59.34 |

John Schofield - Race Results Service

| | | | | | | | | | |
|-----|-----|-----|----|----------------|-----|---------|---------------------|-------------|---------|
| 196 | 155 | | 50 | Jenny Laycock | F | (16/19) | Rossendale Harriers | 05.58/09.36 | 59.40 |
| 197 | 114 | 147 | | Brian Mills | M55 | (5/5) | Rochdale Harriers | 05.59/09.38 | 59.51 |
| 198 | 687 | 148 | | John Mewby | M70 | (2/2) | Todmorden Harriers | 06.07/09.51 | 1-01.11 |
| 199 | 292 | | 51 | Jo Gregory | F40 | (7/8) | Unattached | 06.08/09.53 | 1-01.22 |
| 200 | 258 | 149 | | Philip Moore | M45 | (30/30) | Middleton Harriers | 06.09/09.54 | 1-01.34 |
| 201 | 217 | 150 | | Mark Lowry | M | (58/58) | Unattached | 06.10/09.56 | 1-01.41 |
| 202 | 257 | | 52 | Debbie Moore | F40 | (8/8) | Middleton Harriers | 06.16/10.05 | 1-02.42 |
| 203 | 691 | | 53 | Amanda Kilshaw | F | (17/19) | Unattached | 06.23/10.16 | 1-03.47 |
| 204 | 124 | | 54 | Joanne Slicker | F | (18/19) | Unattached | 06.30/10.28 | 1-05.01 |
| 205 | 123 | | 55 | Claire Megson | F | (19/19) | Unattached | 06.30/10.28 | 1-05.01 |